नर्सिङ्ग बुलेटिन

Tribhuvan University Institute of Medicine
Pokhara Nursing Campus
पोखरा नर्सिङ्ग क्याम्पस

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३९ औं वार्षिक उत्सव भव्यताका साथ सम्पन्न

त्रि बि नर्सिङ्ग क्याम्पस पोखरा फागुन १७ (२०७८) - पोखरा नर्सिङ्ग क्याम्पस, पोखरामा २०७८ फागुन १७ गते वार्षिक उत्सव समारोह भव्यताका साथ सम्पन्न गरिएको छ। कार्यक्रमको उद्घाटन गर्दै क्याम्पस प्रमुख प्रा. नीता ताम्राकारले पोखरा नर्सिङ्ग क्याम्पसले दैनिक नियमित रुपमा संचालन भइरहने शैक्षिक, प्रशासनिक गतिबिधिका साथै बिद्यार्थीहरुको ज्ञान, सिप र गुणस्तर वृद्धिमा सहयोग पुऱ्याउन समय अनुसार नयाँ नयाँ कार्यक्रमहरु समेत संचालन गर्दै लगिएको र यसले दक्ष नर्सिङ्ग जनशक्ति उत्पादनमा थप योगदान पुग्ने जानकारी दिनु भएको थियो।

२०३९ फागुन १७ गते स्थापना भएको क्याम्पस ४० जना बिद्यार्थीहरु र न्यून संख्यामा शिक्षक कर्मचारीहरु सहित सिएमए कार्यक्रमबाट सुरु भएको थियो । हाल यस क्याम्पसमा प्रमाण पत्र देखि स्नातकोत्तर तह सम्म अध्यापन गराइने क्याम्पस प्रमुख ताम्राकारले जानकारी दिनु भयो । उक्त अवसरमा वहाँले क्याम्पसले प्रकाशनमा ल्याएको वार्षिक प्रतिवेदन २०७७/०७८ विमोचन गर्नु भएको थियो। उक्त कार्यक्रम क्याम्पस प्रमुख प्राध्यापक नीता ताम्राकारको अध्यक्षतामा सम्पन्न भएको थियो।

सोही अवसरमा क्याम्पसका बिभिन्न तहका विद्यार्थीहरुलाई खेलकुदमा उत्कृष्ट सहभागिताका पुरस्कार र जेहेन्दार तथा निशुल्क छात्रवृत्ति प्रदान गरिएको थियो । क्याम्पसले ३९ औं वर्ष पुरा गरेको अवसरमा सप्ताह व्यापी खेलकुद तथा सरसफाई कार्यक्रम समेत आयोजना गरिएको थियो । बिद्यार्थीहरुले कार्यक्रममा नेपाली संस्कृति झल्काउने बिभिन्न गीत, कविता तथा नृत्यहरु प्रस्तुत गरेका थिए।

प्रशासनका कर्मचारी माधव प्रसाद सुवेदीद्धारा संचालित कार्यक्रममा आर्थिक प्रशासन प्रमुख पुष्पराज पौड्यालले क्याम्पसको उन्नति र समृद्धिका लागि गुणस्तरियता कायम गर्न क्याम्पसमा बिभिन्न भौतिक पूर्वाधारका कार्यक्रमहरु निर्माणाधिन रहेको बताउनु भयो। उक्त अवसरमा प्राध्यापकहरुका तर्फबाट सह-प्राध्यापक डा कल्पना पौडेल र प्रशिक्षक निलम महर्जनले शुभकामना मन्तव्य राखेका थिए । त्यस्तै क्याम्पसले यस वर्ष पनि एकजना उत्कृष्ट शिक्षकमा निलम महर्जन र उत्कृष्ट कर्मचारी कार्यालय सहयोगी राम बहादुर श्रेष्ठलाई नगद पुरस्कार तथा कदर पत्र सहित सम्मान गरिएको थियो।

पोखरा नर्सिङ क्याम्पसलाई QAA (गुणस्तरको प्रमाणपत्र) प्राप्त

त्रि.बि. – त्रि.बि.चि.शा.अ. पोखरा नर्सिङ्ग क्याम्पस पोखरा, भाद्र (२०७९) - पोखरा नर्सिङ्ग क्याम्पस, पोखराले विश्वविद्यालय अनुदान आयोगद्धारा प्रदान गरिने गुणस्तर सुनिश्चितता तथा प्रत्यायन (QAA) को प्रमाणपत्र प्राप्त गरेको छ। मिति २०७९/०५/२६ गते विश्वविद्यालय अनुदान आयोगको सभाकक्ष, सानोठिमी भक्तपुरमा आयोजित कार्यक्रममा आयोगका अध्यक्ष प्रा. डा. भिमप्रसाद सुवेदीले पोखरा नर्सिङ्ग क्याम्पस, पोखराका क्याम्पस प्रमुख प्रा नीता ताम्राकारलाई प्रमाण पत्र प्रदान गरेका छन। यो गुणस्तरको प्रमाणपत्र आयोगद्धारा बनाइएको निश्चित मापदण्ड पुरा गरेपछि मात्र प्रदान गरिन्छ।

पोखरा नसिङ्ग क्याम्पसले सो प्रमाणपत्र प्राप्त गर्नका लागि २०७६ साल माघ महिनामा आयोगबाट आसय पत्र प्राप्त गरी क्याम्पस प्रमुखको संयोजकत्वमा क्षत्बक्क्रर सह-प्राध्यापक शारदा शर्माको संयोजकत्वमा स्वमूल्यांकन (QAA) टोली गठन गरी प्रक्रियाको थालनी गरिएको थियो। सो प्रक्रिया पूरा गर्न गठित समिती अर्न्तगत बिभिन्न समिती र उप-समितीको समेत गठन गरी कार्य सम्पन्न गरिएको थियो।

क्यूएए प्रमाणपत्र ग्रहण समारोहमा पोखरा नर्सिङ्ग क्याम्पसबाट क्याम्पस प्रमुख प्रा नीता ताम्राकार, क्ब्त का संयोजक शारदा शर्मा तथा सदस्यहरु सृजना पौडेल र अन्जु पौडेलको सहभागिता रहेको थियो। सो अवसरमा क्याम्पस प्रमुख प्रा नीता ताम्राकारले क्याम्पसलाई गुणस्तर सुनिश्चितता तथा प्रत्यायनमा लैजान सम्पुर्ण शिक्षक, कर्मचारी र विद्यार्थीहरुको अथक मेहनत र परिश्रमबाट मात्र सम्भव भएको साथै अब हाम्रा सामु थप चुनौती र जिम्मेवारी थपिएको बताउँदै संस्थाले प्रदान गर्ने उच्च शिक्षामा गुणस्तरियता कायम राख्ने कुरामा प्रतिबद्धता व्यक्त गर्नु भएको थियो।

Successful Completion of National Nursing Conference

With the support of University Grants Commission, Pokhara Nursing Campus organized a two-day National nursing conference on 8th- 9th Ashwin 2078. The theme of the conference was "Nurses voice to lead: Transforming Towards Quality Health Care" which was highlighted by Prof. Dr. Tara Shah. This conference brought together 74 participants and resource persons of national reputation as well as young researchers and delegates. The Conference also aimed to discuss current healthcare issues and challenges, propose strategies to correct health care in advancing quality of care for individuals, families and communities and enhance knowledge and skill related to a variety of clinical, psychological and professional topics with networking different nursing professionals from around the nation. A total of twelve research papers were selected by the conference Committee, five poster sessions and four plenary discussions.

World Pneumonia Day Celebration

World pneumonia day is an annual celebration which is being held every year on November 12. It provides an annual forum for the world in the fight against pneumonia. The theme of world pneumonia day 2021 was "Stop Pneumonia- Every Breath Counts". The Department of Child Health Nursing, Pokhara Nursing Campus posted MN first year students in Kanti Children Hospital Kathmandu on 2078/07/22 to 2078/08/24 (for 5 weeks) in different wards. On the occasion of world pneumonia day 2021, MN first year students participated in the world pneumonia day celebration and presented 'Prevention of Respiratory Syncytial Virus infection' which was organized by Pediatric society of Nepal and PNAN.

Tree Plantation Program

On 23rd Ashar 2079, Pokhara Nursing Campus Alumni Forum organized the "Tree Plantation Program " in the campus premises on the auspicious occasion of 63rdTribhuvan University Day to maintain a greenery environment in the campus. The program was chaired by President of PNCAF Ms. Neelam Maharjan and all the faculties, staff, students and members of the alumni forum were present in the program. The plants were brought from the Institute of Forestry, Pokhara Campus. More than 100 plants of different species such as Guava, Lemon, Amala, Kapur, Gulmohar were planted in the campus premises.

Orientation Program on EMIS software

Orientation program on EMIS software was organized on 2078/08/05 (2021-11-21) in the conference hall of the library and classroom building of Pokhara Nursing Campus. Program was started at 11 am. All the HODs, faculty and administrative staff participated in the orientation program. The objective of the program and contents to be dealt with were explained by Gita Ghimire, Coordinator of ICT Unit and the technical session was conducted by Mr. Suraj KC, member secretary of ICT Unit. The individual user id and passwords were created and distributed to all participants before the session for EMIS login.

The session was about one-hour long in which theory as well as practical sessions were conducted on EMIS software, login to EMIS software, upload the educational qualification, current job information, job history, awards, fellowship and scholarship history, research project, journal article, published book and event participation etc. Moreover, faculty and administrative staff were oriented regarding how to view their salary details, see and send messages within the organization, see personal library information like issued books, returned books as well as available books in the library when logged in the system. All the queries of participants were also addressed at the end. The program was wrapped up with a vote of thanks to the participants and other concerned personnel.

Poster Competition on the Occasion of 112th International Women's Day

On the occasion of 112thInternational Women's Day, the Student Welfare Committee, Pokhara Nursing Campus has organized a Poster Making Competition on 27th of Falgun 2078 among the students. The theme for the Poster Making Competition was "Gender Equality Today: For A Sustainable Tomorrow". The competition was held in the library and there were 6 groups comprising 4 participants in each team from each batch of B Sc. first year, B Sc. second year, B. Sc. fourth year, BNS first year, BNS second year, and BNS third year in the competition. On this occasion, Prof. Neeta Tamrakar graced the competition with her valued presence along with the other heads of the department, coordinators, Associate Finance Controller Mr. Pushpa Raj Paudyal, faculty members. Students' competitors along with a few befitting slogans and drawings expressed their views on the slated theme. The judges for the event were Assoc. Prof. Kalpana Paudel, Lecturer Bandi Gurung, and Instructor Chanda Rai. The formal program was organized for the poster exhibition and presentation as well as prize distribution. The program was hosted by Lecturer Nisha Shrestha, and this program was chaired by the Coordinator of Student Welfare Committee. All the faculty members as well as staff of the campus also visited the competition and encouraged the participants. The Campus Chief, Prof. Neeta Tamrakar, and the chairperson of the program Lecturer Gita Ghimire encouraged the winners by the exciting prize with certificates distribution and appreciated the effort exhibited by the students and faculties. BNS second year students won the first prize.

Research Grants to Students and Faculty

Pokhara Nursing Campus provides research grant to undergraduate, post graduate students and faculty. Total of 5 students and 2 faculties were awarded with research grant in fiscal year 2078/79. From BNS, Ms. Dikshya Rai, Ms. Deepa Bhandari and Ms. Pooja Acharya received the grant; Ms. Dipisha Gautam and Ms. Prakriti Koirala from B.Sc Nursing received the research grant. Likewise, from faculty Ms. Nisha Shrestha (Single) and Nisha Dwa (Group) were awarded the research grant.

पोखरा नर्सिङ क्याम्पसका कर्मचारी तथा प्राध्यापकहरू तालिममा सहभागी

त्रि.बि. – त्रि बि पोखरा नर्सिङ्ग क्याम्पस, पोखरा मंसिर २१, (२०७९) -त्रिभुवन विश्वविद्यालय चि.शा. अ.सं., पोखरा नर्सिङ्ग क्याम्पस कर्मचारी संघ तथा प्राध्यापक संघ इकाई समितीको आयोजनामा एक दिने :ऋर एगदष्अि क्उभबपष्लन तालिम यस पोखरा नर्सिङ्ग क्याम्पस प्राध्यापक संघका अध्यक्ष श्री निलम महर्जनको अध्यक्षतामा सम्पन्न भएको थियो । उक्त तालिममा एभरेष्ट एफ एमका डाइरेक्टर तथा वरिष्ठ संचारकर्मी दिपेन्द्र श्रेष्ठले ३७ जना प्रशिक्षार्थीहरुलाई प्रशिक्षण दिनु भएको थियो। सो कार्यक्रमको प्रमुख अतिथी पोखरा नर्सिङ्ग क्याम्पसका क्याम्पस प्रमुख प्राध्यापक नीता ताम्राकारले यस्ता प्रकारका तालिमले सम्पुर्ण शिक्षक तथा कर्मचारीको ज्ञान, सिप तथा दृष्टिकोणमा परिवर्तन ल्याई थप सशक्तिकरण तथा क्षमता अभिवृद्धि हुने बताउनु भयो। तालिममा सहभागीहरुले तालिम अत्यन्त फलदायी र उपलब्धिमूलक रहेको बताए । उक्त कार्यक्रममा स्वागत मन्तव्य उप-प्राध्यापक रञ्जिता कर्माचार्यले गरेकी थिईन भने सहभागीको तर्फबाट कार्यक्रमको सफलताको शुभकामना मन्तव्य प्रशासन प्रमुख प्रजापति पराजुली तथा कर्मचारी संघका सभापति हसिना बस्नेतले राख्नुभएको थियो । कार्यक्रमको संचालन कर्मचारी संघका सचिव शाखा अधिकृत मोक्षदा ढकालले गर्नुभएको थियो।

Celebration of World Breastfeeding Week

World Breastfeeding Week is celebrated every year from 1stto 7th August to encourage breastfeeding and improve the health of babies around the world. In 2021, it was celebrated based on the theme “Protect Breastfeeding: A share responsibility”. Based on the theme, different activities were carried out. The faculty of Midwifery Nursing and Child health Nursing of Pokhara Nursing Campus celebrated the world breastfeeding week in coordination and collaboration with MIDSON, and Pokhara Academy of Health Sciences. The breastfeeding week was celebrated in the maternity ward of Pokhara Academy of Health Sciences by doing different activities. Different health education sessions were carried out by faculty of midwifery nursing and master’s first year students studying in women’s health and development. Health education on early initiation of breastfeeding was conducted among staff working on maternity ward. The techniques of breast feeding were taught to postnatal mothers. Counseling of parents and visitors on postnatal care including exclusive breast feeding were done. Similarly, master of nursing students of child health specialty conducted seminar on the theme of World breastfeeding week in campus where faculty, different level students and hospital staffs participated in the program.

Celebration of World Diabetes Day

Globally, every 14thNovember the World Diabetes Day is celebrated with a different theme. The theme of 2021 was access to diabetes care - if not now when? On this auspicious occasion, the World Diabetes Day was organized by Pokhara Metropolitan City in coordination with Nepal Bikas Samaj (Nepal Development Society). The faculties of Pokhara Nursing Campus Ms. Bandi Gurung, Ms. Usha Kiran Poudel and Ms. Ranjita Karmacharya and 36 students of BNS second year participated in the program. The Acting Mayor of Pokhara Metropolitan City, Ms. Manju Devi Gurung was the chief guest of the program. The programme was started from Pravat Feri from Manav Adhikar Chowk; Chipledhunga to the office of Pokhara Metropolitan City at 8 am. Then after, the screening test of Diabetes and Hypertension was done in the premises of the office of Pokhara Metropolitan City from 9 am to 3pm for all the clients attending the office. The community-based screening campaigns for diabetic mellitus and hypertension is extremely efficient in identifying undiagnosed diabetic and hypertensive individuals.

Celebration of World Health Day

World Health Day is a global health awareness day celebrated every year on 7th April. In the midst of a pandemic, a polluted planet increases diseases like cancer, asthma, heart disease. In the year 2022, World Health Organization will focus global attention on urgent actions needed to keep humans and the planet healthy and foster a movement to create societies focused on well-being. On this auspicious occasion, Extension Programme Committee has conducted morning rally and poster competitions of students in coordination and collaboration with Teachers' Association and Alumni of Pokhara Nursing Campus. Interested students, administrative staff and faculties participated in the programme. Morning rally and posters were based on the theme " Our Planet Our Health". The chief guest of the programme was Honorable Health Minister Gandaki Province Ms. Madhu Gurung Adhikari and the guests were Health Directorate Mr. Khim Bahadur Khadka and Chief of Health Office, Kaski Mr. Badri Acharya. The students of BSc. second year became the winner of poster competition.

Training on Basic Life Support (BLS)

A refresher training on Basic Life Support (BLS) was organized by Pokhara Nursing Campus with the support of University Grants Commission for 3 days from 2079/03/02 to 2079/03/04. This was hands on training which focused on developing skills of life saving measures like head tilt, chin lift and chest compressions both for adults and children. The resource persons for the training were Nursing Chief of Sahid Gangalal National Heart Centre, Ms. Prati Badan Dangol; Dr. Pankaj Baral, Consultant Anesthesiologist; Associate Professor Dr. Kalpana Paudel. Altogether 25 participants benefited from the training. Participants from Manipal College of Medical Sciences, Gandaki Medical College, Charak Academy and Pokhara Academy of Health Sciences.

पोखरा नर्सिङ क्याम्पस बिएनएस् पहिलो वर्षका छात्राहरुद्वारा राधाकृष्ण वृद्धाश्रममा स्वास्थ सचेतनामुलक कार्यक्रम सञ्चालन

पोखरा नर्सिङ्ग क्याम्पस बिएनएस् पहिलो वर्षका छात्राहरुले जेष्ठ नागरिक स्वास्थ्यसम्बन्धी नाटक प्रदर्शनी गरेका छन् । २०७९ साउन ३१ गते मंगलबारका दिन राधाकृष्ण वृद्धाश्रम अवलोकन गर्ने क्रममा उक्त प्राङ्गनमा जेष्ठ नागरिक स्वास्थ्यसम्बन्धी नाटक प्रदर्शनी भएको हो । पोखरा महानगरपालिका ३२ , श्यामघाटमा अवस्थित राधाकृष्ण वृद्धाश्रममा असाहाय जेष्ठ नागरिकहरुले आश्रय लिइरहेका छन् । वि.सं २०६८ सालमा स्थापना भएको उक्त आश्रममा जम्मा ६०.जना जेष्ठ नागरिक आश्रित छन् ।

नाटक प्रदर्शनीमा झण्डै ६० भन्दा बढी जनाको उपस्थिति रहेको थियो । नाटक प्रदर्शनीमा जेष्ठ नागरिक स्वास्थ्य अन्तर्गत, जेष्ठ नागरिक स्वास्थ्य प्रवर्द्धनका उपायहरु, जेष्ठ नागरिकमा देखिने परिवर्तन तथा समस्याहरु, उपलब्ध स्वास्थ्य सुविधाहरु, सहायता यन्त्रहरु लगायत जेष्ठ नागरिकहरुका लागी नीति तथा कार्यक्रमहरुको बारेमा नाटक प्रस्तुतिद्वारा जानकारी दिइएको थियो ।

उक्त कार्यक्रममा पोखरा नर्सिङ्ग क्याम्पसका प्रशिक्षक डा. रत्नशिला बास्तोलाको प्रमुख आतिथ्यता थियो । नाटक प्रदर्शनीमा पोखरा नर्सिङ्ग क्याम्पसका शिक्षकहरु सहितको त्यस आश्रममा आश्रित जेष्ठ नागरिकहरुको उपस्थिति थियो ।

पन्ध्रौ पुस्तकालय दिवश, २०७९ भव्यताका साथ सम्पन्न

त्रि.बि. – त्रि.बि.चि.शा.अ. पोखरा नर्सिङ्ग क्याम्पस पोखरा, भाद्र (२०७९) - त्रि.बि.चि.शा.अ. पोखरा नर्सिङ्ग क्याम्पस पोखरामा, भाद्र १५ गते १५ औं पुस्तकालय दिवशको अवसरमा सरसरफाई तथा निबन्ध लेखन कार्यक्रम भव्यताका साथ सम्पन्न भयो ।

पुस्तकालय व्यवस्थापन तथा विकास समितिका अध्यक्ष सह-प्रा. डा. कल्पना पौडेलको अध्यक्षतामा भएको कार्यक्रमको संचालन यसै समितिका सदस्य बन्दी गुरुङ्गले गर्नु भएको थियो। निबन्ध लेखन प्रतियोगिताको शिर्षक "नर्सिङ्ग शिक्षामा पुस्तकालयको भूमिका" रहेको थियो । सो कार्यक्रमको मूल्याङ्कनकर्ता नेपाली शिक्षक माया थापालाई चयन गरिएको थियो ।

उक्त कार्यक्रमको प्रमुख अतिथी क्याम्पस प्रमुख प्रा नीता ताम्राकारले पुरस्कृत विद्यार्थीहरुलाई पुरस्कार वितरण गर्नु भएको थियो । सहभागीहरु मध्यबाट बिएन एसका तेस्रो वर्षकी करुणा गौतम, बिएसएन तेस्रो वर्षकी कृष्टिना कायस्थ र बिएन एस प्रथम वर्षकी पूर्णिमा बिष्ट क्रमशः प्रथम, द्धितिय र तृतिय भएका थिए ।सोही दिन भएको क्याम्पस परिसर र छात्रावास सरसफाई कार्यक्रममा शिक्षक, कर्मचारी र विद्यार्थीहरु सहित ६२ जनाको सहभागितामा रहेको थियो ।

पोखरा नर्सिङ क्याम्पसमा कर्मचारी संघ इकाई गठन

त्रि बि पोखरा नर्सिङ्ग क्याम्पस, पोखरा असोज ५, (२०७९) त्रिभुवन विश्वविद्यालय चिकित्साशास्त्र अध्ययन संस्थान पोखरा नर्सिङ्ग क्याम्पस, पोखराको कर्मचारी संघ इकाई समितिको निर्वाचन असोज ५ गते सम्पन्न भएको थियो । सो निर्वाचनमा मुख्य कार्यालय सहायक हसिना बस्नेतको सभापतित्वमा सात सदस्यीय कार्यसमिति चयन भएको जानकारी निर्वाचन उपसमिति संयोजक उप-प्राध्यापक रीता पाठकले दिनुभएको थियो । क्याम्पस प्रमुख प्रा. नीता ताम्रकारले नव-निर्वाचित कार्य समितिलाई बधाई ज्ञापन सहित प्रमाणपत्र वितरण गर्नु भएको थियो । कार्यक्रममा प्राध्यापक संघ इकाई समिति सह-सचिव रञ्जिता कर्माचार्य, प्रशासन प्रमुख प्रजापति पराजुली, शाखा अधिकृत धन बहादुर थापा निवर्तमान सभापति ज्ञान कुमारी पराजुली लगायतले शुभकामना मन्तव्य दिएका थिए । कर्मचारी संघ इकाई समितिको नव गठित कार्य समितिको कार्यकाल ३ वर्ष रहनेछ ।

Participation in Typhoid Vaccination Campaign

Students of BSN 3rd year, 3rd batch participated in the Typhoid vaccination campaign at Panchamuni Dev Secondary School, Tanahun in collaboration with Khairenitar Health Post Team on 2078/12/23. Students provided education on typhoid fever, typhoid vaccine and handwashing technique to the students of the school. On 2078/12/24, they conducted health education on the topics such as menstruation, iron deficiency anemia, dysmenorrhea, discriminatory practices during menstrual period, etc. And also conducted health exhibitions on the topics like personal hygiene, nutrition, adolescent reproductive health, family planning, etc.

Inter House Quiz Competition

An Inter House Quiz Competition was organized by Pokhara Nursing Campus on 15th Falgun 2078 BS on the occasion of the 39th annual day of the campus. There was a total of 4 teams, one from each house. It was a 4-stage competition that covered the general round, audio-visual round, nursing/ health science round, and rapid-fire round. The program was hosted by the Lecturer Gita Ghimire, and the quiz was run by Lecturer Usha Kiran Poudel, Lecturer Kalpana Poudel, and scoring was done by Mr. Suraj KC, Head Office Assistant (Technical).

Every team had 4 members who were from BSc Nursing and BNS. First of all, the rules for the quiz competition were debriefed. Then, a lottery was done to choose the questions set for each house. The Johnson house won the quiz competition by securing 174 points out of 200 points and Nightingale house won a second prize by securing 154 points. After finishing the competition, refreshments were distributed to all the participants. The prize with certificates was handed over to the students who became the first winner and the second winner and the other two students were given a certificate of participation only. Overall, the Inter-House Quiz Competition was a huge accomplishment.

Blog on Nursing Now, Forum for Leadership and Development

A blog regarding telenursing program was developed by Pokhara Nursing Campus which was uploaded in Nursing Now Challenge. Since the outbreak of COVID-19, Pokhara Nursing Campus in collaboration with Gandaki Province Health Directorate Office engaged its nursing students in a telenursing program. The main objectives of the telenursing program were providing counseling of the Covid positive cases, arranging coordination with the hello doctor program and rescuing the serious cases. During the pandemic, the campus involved 100 students of different level and all the faculties for providing continuous service of Tele-nursing. The total of 27559 home isolated cases benefited from the program. Tele-nursing played an important role during the pandemic in order to minimize the complications of isolated cases and rescuing the serious cases. The students involved in this program shared their experience of developing leadership abilities as a result of continuous mentorship.

Training on Bystander CPR and Choking First AiD

Adult Health Nursing Department of Pokhara Nursing Campus conducted an awareness program on "Bystander CPR and Choking first aid" to students studying in BBA and BIT of Informatics College, Pokhara on 20th Kartik, 2079. The program was formally started under the chairmanship of Associate Professor Dr. Kalpana Paudel. Theory session was covered by faculty, Ms. Bishnu Gurung discussed about by stander CPR and Ms. Nisha Shrestha talked about first aid on choking. The theory session was followed by practical session which was demonstrated by Ms. Ranjana Roka, BNS 3rd year student. Then after each student performed CPR on the dommy.

पेशागत विकास र अवसर सम्बन्धि अभिमुखिकरण कार्यक्रम

त्रि.बि. – त्रि.बि.चि.शा.अ. पोखरा नर्सिङ्ग क्याम्पस पोखरा, श्रावण (२०७९) - त्रि.बि.चि.शा.अ. पोखरा नर्सिङ्ग क्याम्पस पोखरा, श्रावण (२०७९) २१ गते दिनको ४ बजे पोखरा नर्सिङ्ग क्याम्पस पूर्व विद्यार्थी मञ्चद्धारा यसै क्याम्पसको सभा हलमा बिनएस तेस्रो वर्ष १४ औं व्याजका ३६ जना र बि एस्सी चौथो वर्ष दोस्रो व्याजका जम्मा १९ जना विद्यार्थीहरुका लागि पेशागत विकास र अवसर सम्बन्धि अभिमुखिकरण कार्यक्रम आयोजना गरियो । उक्त कार्यक्रममा शिक्षक विद्यार्थीहरु सहित जम्मा १०० जनाको सहभागिता रहेको थियो। कार्यक्रममा प्रमुख अतिथी पोखरा नर्सिङ्ग क्याम्पसका क्याम्पस प्रमुख प्राध्यापक नीता ताम्राकार हुनुहुन्थ्यो भने कार्यक्रमको अध्यक्षता पूर्व विद्यार्थी मञ्चका अध्यक्ष प्रशिक्षक नीलम मर्हजनले गर्नुभएको थियो।

उक्त कार्यक्रममा स्वदेश तथा विदेशमा अध्ययन, अनुसन्धान र रोजगारका लागि जान चाहने विद्यार्थीहरुका लागि रोबस्ट एजुकेसन कन्सल्टेन्सी, पोखराका डाईरेक्टर श्री रुद्र गिरीले जानकारी दिनु भएको थियो । कार्यक्रम बिद्यार्थीहरुका लागि निकै प्रभावकारी तथा जानकारीमूलक रहेको कार्यक्रममा सहभागी शिक्षक तथा विद्यार्थीहरुको भनाई रहेको थियो। साथै सहभागी विद्यार्थीहरुले आफ्ना तर्फबाट जिज्ञासा तथा भनाई राखेका थिए। कार्यक्रम संचालन यस समितीका सदस्य हसिना बस्नेत तथा स्वागत मन्तव्य सदस्य कल्पना पौडेलले गरेका थिए।

प्राध्यापक संघ नयाा इकाई समिति गठन

त्रि बि पोखरा नर्सिङ्ग क्याम्पस, पोखरा पौष २५, (२०७८) त्रिभुवन विश्वविद्यालय चिकित्साशास्त्र अध्ययन संस्थान पोखरा नर्सिङ्ग क्याम्पस, पोखराको प्राध्यापक संघ इकाई समितिको पौष २५ गते भएको अधिवेसनबाट यस पोखरा नर्सिङ्ग क्याम्पसका सम्पुर्ण प्राध्यापकहरुको उपस्थितिमा सर्वसम्मत रुपबाट प्रशिक्षक श्री निलम महर्जनको अध्यक्षतामा नौ सदस्यीय कार्यसमिति चयन भएको थियो। सो अवसरमा क्याम्पस प्रमुख प्रा. नीता ताम्राकारले नव-निर्वाचित कार्य समितिलाई बधाई ज्ञापन सहित प्रमाणपत्र वितरण गर्नु भएको थियो।

World Asthma Day Celebration

Tribhuvan University Teachers Association unit of Pokhara Nursing Campus participated in awareness rally of Asthma on the occasion of World Asthma Day organized by OM hospital and Research Centre on 20th Baisakh 2079. The awareness rally continued with Flash mob and Spirometry test for lung function to general public.

Health Desk at Chief District Office

With the aim of public awareness on non-communicable diseases like hypertension, diabetes, thyroid disorders, cancer screening etc. the CDO office organized a health desk programme on 2078/08/08. The programme was conducted in coordination with Mediplus Hospital and Trauma Centre including Pokhara Nursing Campus in the premises of CDO office. The camp targeted the people who came for the services in the CDO office. Chief District Officer, Mr. Jaya Narayan Acharya was the chief guest of the programme. The faculties Ms. Bandi Gurung and Ms. Sharmila Paudel including four students of BNS 2nd year, participated in the health desk programme. One hundred and seventy-two people of different age groups benefited from the health desk. The necessary technical support was provided by the Mediplus Hospital and Trauma Centre for the programme.

पोखरा नर्सिङ क्याम्पस प्राध्यापक संघ इकाईद्धारा वाकर सहयोग

त्रि बि पोखरा नर्सिङ्ग क्याम्पस, पोखरा भाद्र २०, (२०७९) त्रिभुवन विश्वविद्यालय चिकित्साशास्त्र अध्ययन संस्थान पोखरा नर्सिङ्ग क्याम्पस प्राध्यापक संघ इकाई समितिद्धारा स्याङ्गजा जिल्ला वालिङ्ग निवासी पचास वर्षिय हेमलाल पाठकलाई जिमर फ्रेम वाकर प्रदान गरियो। पोखरा स्वास्थ विज्ञान प्रतिष्ठानको अर्थोपेडिक वार्डमा उपचाररत निज हेमलाल पाठक घरायासी कामकाजको सर्न्दभमा रुखबाट लडेर विगत दुई महिना देखि अर्थोपेडिक वार्ड बेड नं ३१ मा भर्ना भई उपचाररत थिए। निम्न आर्थिक अवस्थाका कारण वाकर किन्न नसकेका पाठक अस्पतालबाट डिस्चार्ज भइसक्दा पनि घर जान नसकिरहेको अवस्थाको जानकारी भई प्राध्यापक संघ इकाइ समितिद्धारा जिमर फ्रेम वाकर प्रदान गरिएको थियो।

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