

ACKNOWLEDGMENTS

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At last but not the least, we would like to express our gratitude to all those who have directly or indirectly supported to prepare this report.

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Message from Campus Chief



It is my pleasure to offer an annual report of Pokhara Nursing Campus for the academic year 2078/2079. This report is the reflection of annual performance of the campus which has presented the glimpse of its activities and achievements. I am hopeful that the report will serve as the guide for the readers to know about Pokhara Nursing Campus.

The campus has successfully completed its glorious 38 years of academic excellence by administering well designed educational programs. It has produced numbers of competent and efficient nursing professionals who are currently working within and outside the country in different government, private health sectors and NGOs/INGOs. For the last few years, the campus has been thriving towards the expansion of its horizon with the initiation of new programs. At present, the campus has been working for the attainment of the Quality Assurance and Accreditation (QAA) Certificate provided by University Grant Commission, Nepal. All these success have been possible because of the hard work of our faculties, staffs and students. In fact, the dedicated and committed management, determined, disciplined and qualified faculty members, good infrastructure and comprehensive teaching-learning environment are the core strength of this campus.

I take this opportunity to extend sincere thanks to all the faculties, staff and the students who enormously helped in academics, management and functioning of the campus. I would like to thank all the head of the departments, coordinators and members of different committees. Similarly, I am extremely thankful to the report preparation and publication team, who have deliberately and patiently identified key facts, figures, and evidences and presented logically in the report.

At last, I expect for the continuity in the publication of the annual report and its synthesis.

Namakar
Prof. Neeta Tamrakar
Campus Chief
CAMPUS CHIEF

Executive Summary

Tribhuvan University, Institute of Medicine, Pokhara Nursing Campus is a pioneer nursing campus established in 2039 BS in the heart of Pokhara Metropolitan City, Gandaki Province. It is one of the constituent campuses of Tribhuvan University, Institute of Medicine. The campus has successfully completed its glorious 39 years of academic excellence spreading quality education and making a remarkable contribution in the field of nursing education as one of the most sought-after campuses in Nepal. The campus has been running different academic programs such as Bachelor in Nursing Science (BNS), Bachelor of Science in Nursing (B.Sc Nursing) and Masters in Nursing (MN) with different specialty whereas after the decision of TU to phase out intermediate level, the campus stopped intake of students in PCL from 2075 BS and has been phased out on 2077 BS.

The Academic activities of the campus are drawn from the well-defined mission and vision of the campus. Besides academics, the campus lays great emphasis on co-curricular and extra-curricular activities. The graduation trend analysis shows the students have performed well over the years and this year is no exception. The quality of education and the enrollment of students in different streams are the indicators of the success of this campus. Still, the campus has been striving to update its educational pedagogy in accordance with the change in global system and as per the market demands, especially with a view to incorporate e-learning methods. Regarding the physical progress, renovation of quarters, construction of overhead water tank and underground water tank, addition of shutters and extension counter for Nepal Bank Limited in the first floor of shutters was built. Likewise, the Education Management Information System (EMIS) of administrative buildings has been equipped with different software.

The campus has been working with the University Grant Commission (UGC) for Quality Assurance and Accreditation certificate. A Self-study Report was submitted to UGC and pre-visit was held on 2078/06/10 to 2078/06/12. Preparatory Assessment report was prepared and submitted to UGC on 2078/08/29 based on the recommendation of the peer review team. The campus is waiting for the Peer Review Team Final Visit.

Abbreviations

AHN: Adult Health Nursing

B.Sc.: Bachelor of Science

BNS: Bachelor of Nursing Science

BSN: Bachelor of Science in Nursing

CHN: Community Health Nursing

CMA: Community Medicine Auxiliary

EMIS: Education Management Information System

HOD: Head of Department

IOM: Institute of Medicine

IQAC: Internal Quality Assurance Committee

MIDSON: Midwifery Society of Nepal

MN: Master in Nursing

NNC: Nepal Nursing Council

PBBN: Post Basic Bachelor in Nursing

PCL: Proficiency Certificate Level

QAA: Quality Assurance and Accreditation

RMC: Research Management Cell

SAT: Self-Assessment Team

SSR: Self Study Report

TU: Tribhuvan University

UGC: University Grant Commission

WHD: Women Health and Development

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1. Introduction

1.1 Background

Pokhara Nursing Campus is one of the constituent campus of Tribhuvan University, Institute of Medicine (TU, IOM) situated at the heart of Pokhara Metropolitan City, Gandaki Province, Nepal. It has become one of the pioneer educational institutions in Nepal since its establishment. The campus was established in 2039 BS with Community Medicine Assistant (CMA) program and subsequently in 2041 BS Proficiency Certificate Level (PCL) nursing program was added. Within four decades, the campus gradually expanded its academic program from CMA then PCL to Master in Nursing (MN) and currently it has different programs such as Bachelor in Nursing Sciences (BNS), Bachelor of Science (B.Sc) in Nursing and Master in Nursing (MN) whereas Proficiency Certificate Level (PCL) nursing has been phased out since 2077 B.S. Pokhara Nursing Campus is an academic center of excellence through the foundation of nursing with its specialization in Adult Health Nursing, Women Health and Development and Child Health Nursing. Since its inception, the campus has achieved remarkable success in terms of quality education and infrastructural development.

The Post Basic Bachelor of Nursing (PBBN) program was started in Pokhara Nursing Campus in 2062 B.S. and later it was changed into a 3 years BNS program in 2070 B.S. The program has three major subjects namely adult health nursing, community health nursing and child health nursing. Likewise, B.Sc Nursing is a 4 year program which was started in 2073 B.S. with the intake of 20 students per year. In 2068 B.S. MN program was started with the intake of 4 students in adult health nursing specialty and later expanded with child health nursing and women health and development specialty in 2074 B.S. At present, the campus has 228 students, 24 faculties and 25 administrative staff.

1.2 Vision

To be a center of academic excellence to advance health and wellness across the lifespan for the people through nursing education, research and service.

1.3 Mission

Prepare outstanding and competent nursing human resources with leadership qualities through nursing education.

Deliver exceptional compassionate health care through education, practice, research, innovation and integrity.

Strive to create high-quality learning opportunities that respond to the needs of the students.

1.4 Goals

The goal is to achieve academic excellence through the scientifically driven academic programs for equitable and accessible quality higher education.

1.5 Objectives and strategic plan

To work on Quality Assurance and Accreditation (QAA) process and attain a letter of accreditation from the University Grants Commission in order to maintain the quality of higher education of the campus.

To foster an academic environment that creates and supports outstanding faculties.

To increase the number of students who pursue career in nursing.

To inculcate a culture of professionalism, respect and commitment among students and faculties.

To construct own clinical site with different specialties.

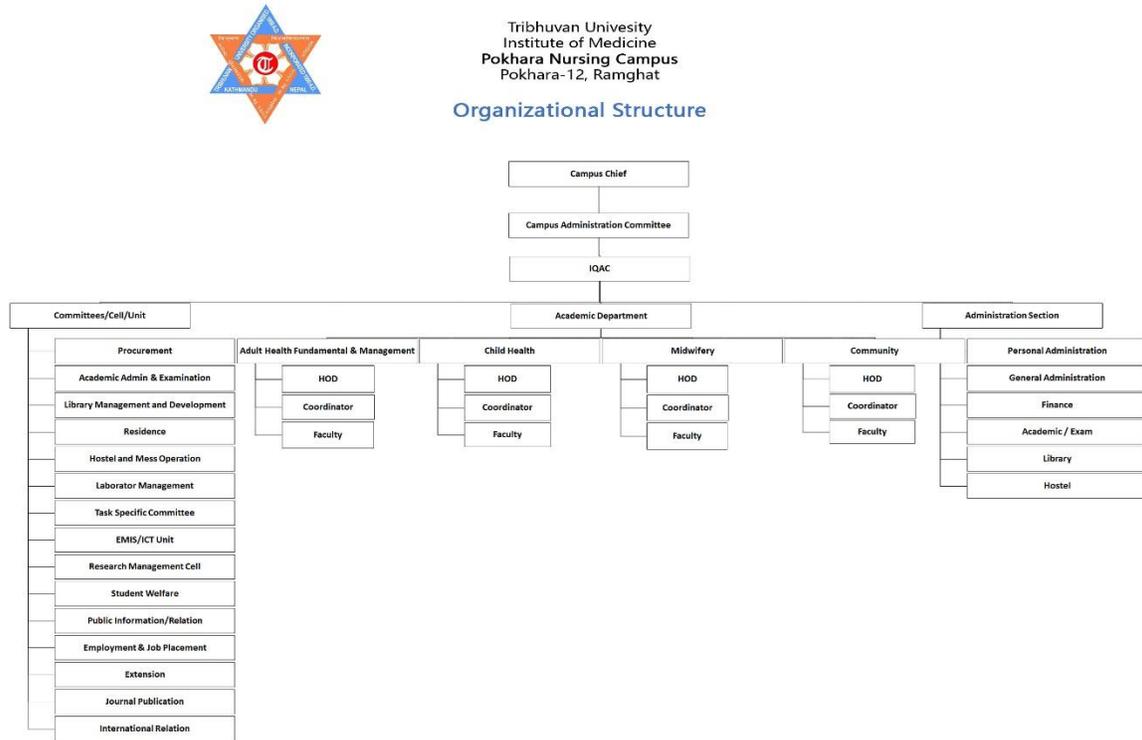
To increase the participation with stakeholders (students' representatives, guardians, local government, political parties, business communities and social workers) that help to strengthen the capacity of the campus.

To design and implement market oriented courses that help to enhance academic excellence of the campus on its way to campus autonomy.

To create a research friendly environment for producing efficient human resources and academically competent scholars for advanced studies.

1.6 Organizational structure

The organizational structure of Pokhara Nursing Campus below identifies the positions within the campus governance structure.



2. Affiliation and Accreditation

Pokhara Nursing Campus is a constituent campus of TU, which is one of the oldest and largest university in Nepal. TU is ranked as 801 - 1000 universities of the world and 251 - 300th of Asia as per The World University Rankings 2021.

In Nepal, Nepal Nursing Council (NNC) is a statutory body for establishing uniform and high standards of nursing education. However, as per the provision of National Medical Education Act 2075, recently the Medical Education Commission has been established to develop medical education in line with the national needs and regulate medical education which also includes nursing education, in an integrated and efficient way. Therefore, at present the Medical Education Commission is the authorized regulatory body for providing accreditation to the Nursing program in Nepal. Inspection visit from Medical Education Commission for seat allocation was done.

Similarly, University Grants Commission (UGC) has launched the Quality Assurance and Accreditation (QAA) program as an important aspect of reform in higher education in Nepal. The system ensures that the campus meets certain predetermined minimal criteria or standards, not only at the institutional level but also in its academic programs to offer better results to society. Understanding its importance, Pokhara Nursing Campus has initiated the process of getting QAA from UGC and at present, the campus is working on step III of the QAA process i.e. conduct peer review visit. It is hoped that the campus will achieve a QAA certificate within the specified period of time.

3. Academic officials

S.N	Name	Designation
1	Prof. Neeta Tamrakar	Campus Chief
2	Dr. Kalpana Poudel	Associate professor, HOD Adult Health Nursing, Fundamental of Nursing and Management
3	Kamala Gharti	Lecturer,, HOD Child Health Nursing
4	Bandi Gurung	Lecturer, HOD Midwifery
5	Rita Pathak	Lecturer, HOD Community Health Nursing

4. Administrative officials

S.N	Name	Designation
1	Prof. Neeta Tamrakar	Campus Chief
2	Kedarnath Adhikari	Account Officer
3	Mokshada Dhakal	Section Officer
4	Dhan Bahadur Thapa	Section Officer

5	Prajapati Parajuli	Section Officer
6	Gyan Kumari Parajuli	Library Assistant

5. Different Committees of Campus

The Campus Administration Committee of Pokhara Nursing Campus is the supreme board and policy making body of the campus which plays a vital role in campus governance. Furthermore, there is an Internal Quality Assurance Committee (IQAC) which looks after various other committees/cells/units of the campus which are listed below:

6. Procurement Committee
7. Academic Administration and Examination Committee
8. Library Management and Development Committee
9. Residence Management Committee
10. Hostel and Mess Operation Committee
11. Laboratory Management Committee
12. Task Specific Committees
13. Education Management Information System/Information Communication and Technology Unit
14. Research Management Cell
15. Student Welfare Committee
16. Public Relation Committee
17. Employment and Job placement Committee
18. Extension Programme Committee
19. Journal Publication Committee
20. International Relation Committee

6. Departments and Faculties (Teaching staffs)

Pokhara Nursing Campus has four departments. All the faculties of each department are dedicated to serve the excellent academic quality with integrity, compassion, and intellectual bravery. The campus appreciates the contributions of all its faculty members in making the campus a top nursing higher educational institution in the country. Most of the faculties in each department are according

to their specialty subject; however, some of the faculties are being allocated in the department other than their specialty as per the need of the campus and their experience.

Faculties in Adult Health Nursing Department

S.N	Name	Designation	Qualification
1	Dr. Kalpana Poudel	Associate Professor, HOD of Adult Health Nursing, Fundamental of Nursing, and Management	PhD
2	Kalpana Paudel	Lecturer, Co-ordinator BNS 3 rd Year	MN
3	Saphalta Shrestha	Lecturer, Co-ordinator BNS 1 st Year	M.Sc. Nursing
4	Ranjita Karmacharya	Lecturer, Co-ordinator BSN 4 th Year	MN
5	Neelam Maharjan	Instructor, Co-ordinator BSN 2 nd Year	BN
6	Ishwari Adhikari Baral	Teaching Assistant, Co-ordinator BSN 1 st Year	MN
7	Bishnu Gurung	Lecturer	MN
8	Gita Devi Ghimire	Lecturer	MN
9	Nisha Shrestha	Lecturer	M.Sc Nursing
10	Srijana Paudel	Teaching Assistant	MN
11	Mira Adhikari	Instructor	MN
	Total	11	

Faculties in Midwifery Department

S.N	Name	Designation	Qualification
1	Bandi Gurung	Lecturer, HOD, Co-ordinator BNS 2 nd Year	MN
2.	Rekha Thapaliya	Lecturer, Co-ordinator BSN 3 rd Year	MN
3.	Usha Kiran Poudel	Lecturer	MN
4.	Pushpa Sharma	Teaching Assistant	M.Sc. Nursing
	Total	4	

Faculties in Child Health Nursing Department

S.N	Name	Designation	Qualification
1.	Kamala Upreti	Professor	MN
2.	Sharada Sharma	Associate Professor	MN
3.	Kamala Gharti	Lecturer, HOD	MN
4.	Ratna Shila Bastola	Instructor	MN
5.	Anju Poudel	Teaching Assistant	MN
Total		5	

Faculties in Community Health Nursing Department

S.N	Name	Designation	Qualification
1	Rita Pathak	Lecturer, HOD	MN
2	Chandra Rai	Instructor	BN
3	Nisha Dwa	Teaching Assistant	MN
Total		3	

All the above mentioned faculties of each department are the full time faculties of Pokhara Nursing Campus. Furthermore, there are 12 part-time faculties who took the responsibility of some theory courses.

Part- time Teaching Faculties

S.N	Name	Designation	Subject	Qualification
1	Prof. Dr. Vikash Kumar K.C.	Professor	Biostatistics	PhD
2	Prof. Bhagawati K.C.	Professor	Nursing Theories and Model	MN, Women's Health and Development
3.	Prof. Mandira Shahi	Professor	Educational Science	PhD

4.	Prof. Chandrakala Sharma	Professor	Nursing Research	MN, Psychiatric Nursing
5.	Mr. Naveen Shrestha	Professor	Nursing Research	MPH
6.	Mr. Bishnu Chaulagain	Associate Professor	Epidemiology	PhD
7.	Ms. Sarita Karki	Associate Professor	Child Health	MN, Child Health Nursing
8.	Mr. Shiva Bahadur Karki	Lecturer	Statistics	MSc. in Statistics
9.	Mr. Krishna Kumar Lamichhane	Lecturer	Health Economics	Master in Economics
10.	Mr. Netra Narayan Poudel	Lecturer	Social Science	MA
11.	Ms. Bhima Neupane Sigdel	Assistant Professor	Anatomy	MS. Anatomy
12.	Mr. Bijaya Subedi	Lecturer	Physiology	MSc. Medical Physiology
13.	Mr. Krishna Bastola	Lecturer	Pathology	BMLT/ MSc. Medical Microbiology
14.	Mr. Bhup Dev Bhatta	Lecturer	Biochemistry	BMLT/MSc. Medical Biochemistry
15.	Ms. Mamita Khaling/Rai	Lecturer	Microbiology	BMLT/MSc. Public Health and Environment
16.	Mr. Madan Sigdel	Lecturer	Pharmacology	MSc. Pharmacology
17.	Dr. Chandan Shrestha	Lecturer	Pharmacology	PhD
18.	Ms. Kabita Poudel	Associate Professor	Adult Health Nursing	MN, Adult Health Nursing
9	Ms. Mana Maya Rana	Assistant Professor	Behavioral Science	MN in Adult Nursing

7. Non- Teaching Staffs

The non-teaching staff of Pokhara Nursing Campus performs the administrative responsibilities and are dedicated to support student's teaching, learning, research and public services. The following table shows the designation and academic qualification of non-teaching staff of the campus.

Name and Academic Qualification of Non-Teaching Staff

S.N	Name	Qualification	Designation
1	Kedar Adhikari	MBS	Account Officer
2	Mokshada Dhakal	B.A	Section Officer
3	Dhan Bahadur Thapa	M.A	Section Officer
4	Prajapati Parajuli	I.A	Section Officer
5	Madhav Prasad Subedi	I.Ed	Head Office Assistant
6	Hasina Basnet	M.A/B.Ed.	Head Office Assistant
7	Suraj K.C.	M.Sc IT	Head Office Assistant (Technical)
8	Parbati Dhakal	B.A	Office Assistant
9	Raju Prasad Shrestha	I.A	Office Assistant
10	Gyan Kumari Parajuli	I.A	Library Assistant
11	Laxman Prasad Ghimire	I.A	Office Assistant
12	Surya Bahadur Rumba	Under S.L.C	Technical Assistant (Plumber)
13	Buddhi Bahadur Gurung	Under S.L.C	Driver
14	Yagya Prasad Sharma	Under S.L.C	Driver
15	Mithu Baishnav	Under S.L.C	Senior Office Helper
16	Maiya Thapa	Under S.L.C	Senior Office Helper
17	Ram Bahadur Shrestha	Under S.L.C	Office Helper V
18	Min Bahadur Bhujel	Under S.L.C	Office Helper III
19	Gopal Prasad Gurung	Under S.L.C	Office Helper VI
20	Bishnu Kumari Thapa	Under S.L.C	Office Helper VI
21	Rajina Gurung	Under S.L.C	Office Helper V
21	Lekhanath Baral	Under S.L.C	Office Helper III

22	Batuli Sarki	Under S.L.C	Office Helper V
23	Sita Sharma Subedi	S.L.C	Office Helper
24	Nar Maya Rana	10+2	Office Helper
25	Indira Adhikari Ghimire	S.L.C	Office Helper

8. Program and courses offered

Pokhara Nursing Campus has been running the academic program from Bachelor to Masters of Nursing program. The Bachelor program incorporates BNS and B.Sc. Nursing. The Post Basic Bachelor of Nursing (PBBN) program was initiated in 2062 BS with a duration of 2 years. The curriculum was further revised in 2070 BS and made it a 3 year program with the provision of core courses in the first and second year and some major courses in the third year and named as Bachelor of Nursing Science program. Likewise, in 2073 BS, BSc. Nursing, 4 years program was started with the intake of 20 students per year. The MN program was also started in 2068 B.S. with the intake of 4 students in adult health nursing specialty and later expanded with child health nursing and women health and development specialty in 2074 B.S. Proficiency Certificate Level program has been phased out since 2077 B.S.

At present, the following courses are offered by the campus.

1. Bachelor Level

i. Bachelor of Nursing Science (3 years course)

- BNS first year
- BNS second year
- BNS third Year

Major Subjects (Elective options) in BNS third year

- Adult Health Nursing
- Community Health Nursing
- Child Health Nursing

ii. Bachelor of Science in Nursing (4 Years course)

- B.Sc Nursing first year
- B.Sc Nursing second year
- B.Sc Nursing third year
- B.Sc Nursing fourth year

2. Master Level (2 Years course)

- MN 1st Year
- MN 2nd Year

Specialty Subjects in MN Program

- Women Health and Development
- Adult Health Nursing
- Child Health Nursing

Starting date and number of students of different programs

Program and Specialty		Starting date	Number of seats available in Academic Year	Number of students (2079)	Course duration
MN	Adult Health Nursing	2068/03/12	2067/2068 – 4 2068/2069 to 2071/2072 – 7 2072/2073 to Till date – 6	6	2 years course
	Women Health and Development	2074/02/14	2073/2074 to Till date – 6	6	
	Child Health Nursing	2074/02/14	2073/2074 to Till date – 3	3	
BNS	Hospital Nursing	2062/08/30	2062/2063 to 2069/2070 – 20	25	2062/2063 to 2069/2070 – 2 years course
	Adult Health Nursing	2070/08/02	2070/2071– 31 2071/2072 to Till date – 25		
	Community Health Nursing	2062/08/30	2062/2063 to Till date - 10	10	
	Child Health Nursing	2074/09/13	2074/2075 to Till date - 5	5	
B. Sc Nursing	Generic course	2073/08/01	2073/2074 to 2077/78 – 20 2078/79 - 40	40	4 years course

9. Academic Progress

The details of academic progress based on enrollment, pass rate, graduation rate of Pokhara Nursing Campus are presented below.

9.1 Enrollment Trend Analysis of the Last Three Years

Student Enrollment Trend

Program	Annual Year								
	2076/2077			2077/2078			2078/2079		
	Available seats	Enrolled students	Drop Out	Available seats	Enrolled students	Drop Out	Available seats	Enrolled students	Drop Out
MN	15	15	-	15	15	-	15	15	-
BNS	40	36	-	40	40	3	40	40	-
B.Sc	20	19	-	20	17	1	40	40	-

The number of students enrolled in various programs differs by the number of seats available for the campus. In 2068 B.S., MN program was started with the intake of 4 students in Adult Health Nursing specialty and later Child Health Nursing and Women Health and Development specialists were added in 2074 B.S. After that, the number of students enrolled in each batch is static with 15 students. But in the BNS program, the number of students enrolled in the year 2076/2077 was 36 which increased to 40 in the year 2077/2078 and remains the same in the year 2078/2079. Whereas, B.Sc. Nursing program which was started in the year 2073 with 20 numbers of students, only 17 students enrolled in the program in the year 2077/2078 which decreased from 19 students in the year 2076/77. The seat allocation for B.Sc. Nursing program was increased to 40 seats in the year 2078/2079 and 40 students are enrolled. However, 1 student of the 2077/2078 batch dropped out from the program.

9.2 Pass Rate Trend Analysis of the Last Three Years (Only regular students are mentioned)

Student Pass Rate Trend (Only regular students are mentioned)

Program	Year	2076/2077		2077/2078	
		Total appeared	Total Pass	Total appeared	Total Pass
MN	1 ST	15	15	15	11
	2 ND	14	14	15	15
BNS	1 ST	36	31	36	257
	2 ND	40	33	36	32
	3 RD	33	29	40	32
B.Sc.	1 ST	14	6	17	12
	2 ND	19	13	14	13
	3 RD	19	18	19	19
	4 th	-	-	19	19
PCL	1 ST	-	-	-	-
	2 ND	-	-	-	-
	3 rd	46	46	46	46

The last three years pass rate trend analysis shows that, cent percent of students had passed the MN 2nd year exam while 11 students out of 15 passed in MN 1st year in the year 2078/2079. BNS and B.Sc Nursing program shows dissatisfying performance in all the academic years specially in 1st year. This might be due to the initiation of new subjects integrated basic health science I and II in both BNS and B.Sc. program in first year which includes 6 different subjects.

9.3 Graduate Trend Analysis of the Last Three Years

Student Graduation Trend

Program	Graduated Annual Year		
	2076/2077	2077/2078	2078/2079
	Graduated No. (%)	Graduated No. (%)	Graduated No. (%)
MN	14 (100%)	15 (100%)	15 (100%)
BNS	29 (90.4%)	31 (77.5%)	31 (86.10%)
B.Sc.	1 st batch (enrolled in the year 2073/2074), Not graduated yet	19 (100%)	18 (94%)

Graduate trend analysis revealed that 100% of the students graduated from the Master of Nursing program. While the graduation rate in BNS and B.Sc. Nursing program is not satisfactory. However, the graduation rate in the BNS program in the year 2078/2079 increased to 86.10% from 77.5% in the year 2077/78. In contrast, the graduation rate in B.Sc. program has decreased from 100% in 2077/2078 to 94% in the year 2078/2079.

10. Annual Fee Structure of Different Programs

All the programs under Tribhuvan University, Institute of Medicine are run by the Government of Nepal, Medical Education Commission since 2076/77. MEC allocates the seats to respective campuses and conducts entrance examinations and all the processes for their admission. Fee structure is also determined by MEC. Hundred percent scholarship seat is provided to the students

of Master program and 75% seat scholarship is provided to the students of Bachelor program. The remaining 25% seat paying students are admitted from the TU Dean Office.

11. Physical Progress

11.1 Resource center

Library

The Library is located within the premises of the campus, which provides a wide range of congenial study environments with a spacious well-furnished reading room. The old structure and furniture of the library was replaced by shifting the library to a new building in 2076 BS. The carpet area of the library is 571.29 sq.m. There has been a good internet facility for readers since 2017 A.D. In FY 2078/79, 215 new books were purchased and added to the library, among which, 130 were textbooks, 40 were reference books, and 45 literature books. Fifteen thesis reports, 59 research reports, 38 journals and newsletter were added. There are a total 4,756 volumes of textbooks and reference books. The photocopy facility is also available to faculty members of the campus. Furthermore, the campus has four departmental libraries.

E-library

Thirteen desktop computers along with internet connection are available in E-library for students and faculties. Thesis reports of all the students are collected and available to access with permission. Also, the research titles of the students of each batch are available on the website of campus. Similarly, both research titles and research reports of students since 2077/78 are uploaded in the campus EMIS system. Digital libraries such as HINARI and TU Central Library access is provided to all the students and faculties of the campus. There is well-furnished sufficient space for the students to use their own laptop and study. A technical staff is separately assigned for the e-library.

11.2 Educational aids

Pokhara Nursing Campus has been trying to update the teaching learning materials and pedagogy in accordance with the change in information technology and teaching trend in contemporary society. The campus gives more priority to modern technologies for a better education system. The traditional uses of black board and chalk have already been replaced

with white board and marker. There are altogether 12 classrooms which are well furnished with the capacity of holding more than forty students. Each classroom is equipped with a multimedia projector, white board, ceiling fan, solar facility, internet connection, ventilation with adequate light and comfortable furniture. Altogether, there are 14 multimedia projectors, 34 computers, 11 laptops, 15 printers and 3 photocopy machines in the campus, which are currently in use. Furthermore, the campus has 4 laboratories i.e. fundamental nursing lab, midwifery skill lab, basic science lab, community and nutrition lab. All the laboratories are well equipped and well furnished.

The campus has adopted all mechanisms to make teaching and learning more effective and practical. It has implied modern technologies, modern teaching materials, and student centered teaching methods. Powerpoint presentation, group discussion, seminar, workshop, case study presentation, demonstration, re-demonstration and report writing have become a part of teaching learning activities. Apart from these, students are also encouraged for self-directed learning. Moreover, clinical skills are being practically taught through posting students in various practical areas as per the curricular requirement.

11.3 Physical facilities and infrastructure development

The campus covers a 64835 sq.m area in Pokhara- 11 and 12, Ramghat. It is enriched with 3 big buildings which are designed for academic and administrative purposes, 6 blocks of hostel with 79 rooms for students and 15 quarters for residence facility to faculties and staff. With the beginning of the B.Sc Nursing and Master's program, the old buildings and classrooms were insufficient to run the classes so three storey new library and classroom building was constructed. There is a big library on the ground floor; classrooms, e-library, seminar hall on the first floor and an office for the research management cell on the second floor. The other building encompasses 3 laboratories (fundamental nursing lab, midwifery skill lab, basic science lab, community), 3 class rooms and one faculty room. Administrative building is the main component which administers the entire administrative activities of the campus covering 280.26 m² plinth areas. It includes the campus chief room, examination section, administrative section, account section, store, faculty rooms, student welfare room, first aid room, student's changing room, meeting hall and community and nutrition lab.

Other infrastructure available in campus are canteen, big playground for sport activities, guard room, student union office, garage for vehicles and the temple of goddess Saraswati at the main gate of the campus. Furthermore, there are total 13 shutters along the boundary area of the campus which are given on rent and around 12 ropani land has been given on lease with the objective of local resource generation.

An overhead water tank of 1 lakh liter capacity and underground water tank of 55,000 liter capacity was constructed and the main water supply line was changed. One shutter was built and one room for the extension counter of Nepal Bank Ltd was constructed on the first floor of the shutters. A small shutter was utilized by Nepal Bank Ltd for ATM service. Septic tank was built for the shutter and renovation of quarters were done. New entrance gate for the campus was constructed.

The campus has built up the physical infrastructure required especially for running existing academic programs. In recent future campus is planning to construct a 300 bedded own teaching hospital in its own premises for clinical learning facilities. It is in the process of construction and has completed DPR.

12. QAA/EMIS

Quality Assurance and Accreditation (QAA) has been taken as a mission of improving the quality of education in Nepal. The QAA system ensures that an institution of higher education has fulfilled a set of criteria, not only at institutional level but also in their academic programs to offer better results to the society.

Pokhara Nursing Campus is in the process of attaining QAA issued by the University Grants Commission, Nepal. It has received the LOI acceptance letter from UGC on 5th Magh 2076, so it is eligible for the QAA project. The campus has formed an Internal Quality Assurance Committee (IQAC), Education Management and Information System (EMIS) and Self Assessment Team (SAT) under the chairmanship of campus chief Prof. Neeta Tamrakar, Ms. Isabel Lawot and Ms. Sharada Sharma respectively. The committees are working on the QAA system of its institution.

The following three committees are working on the QAA system of this institution:

1. Internal Quality Assurance Committee (IQAC): This committee is the governing body of the QAA process of Pokhara Nursing Campus, which makes policy to work on the process and monitor the progress of the QAA process. To accomplish various tasks required for the QAA process, different committees have been formed to support IQAC.

2. Self-Assessment Team (SAT): This team prepares a self-study report to submit to the QAA Division of UGC for the certificate of accreditation.

3. Education Management and Information System (EMIS): The EMIS of the campus has been working to publish notices, advertisements, annual progress reports, audit reports etc. in webpages for public information and transparency. This team prepares a data system of higher education institutions called Education Management Information System (EMIS) and publishes a booklet. This includes a framework of indicators, tools and modality for annual data collection, regular data updating, analysis and reporting. This team initially will be under the Internal QAA Committee and work independently after the dissolution of the Internal QAA Committee. In FY 2078/79, this committee updated the research information done by the respective faculties to their profile in the EMIS system, abstracts of research and research reports in the EMIS system and made it easy to access for students, faculties, and staff, provided EMIS system training as well as basic computer applications training to all staff and faculties, and also the inquiries from students and other public were recorded and responded through campus webpage.

13. Research Activities

Research has a tremendous influence on current and future professional nursing practice, thus rendering it an essential component of the educational process. Over the past few years, Pokhara Nursing Campus has been transformed into a major research institution, engaging its faculty members and students in research activities. The campus is committed to support research activities within the campus. Both faculty members and students at the campus are encouraged to take advantage of a wide range of research opportunities. As per the curricular requirement, students of Bachelor of Science in Nursing, Bachelor of Nursing Sciences and Master in Nursing have to conduct one research in an academic year. The campus provides support to the students engaged in research and faculties supervise students to conduct research

and write reports. The students have the opportunity to work alongside experienced faculty members in a variety of settings. Furthermore, under these research activities, some of our faculty members and students have been awarded with research grants.

All the faculties of Pokhara Nursing Campus have published articles in national and international journals.

13.1 Research Management Cell

Pokhara Nursing Campus established a Research Management Cell (RMC) in 2073 BS to strengthen its capacity in research. It was established under the funding of University Grants Commission (UGC), Nepal. The cell has been working towards developing a culture of quality research in nursing. It provides resources for conducting research activities and also works as a center to enhance faculties' and student's academic and research capabilities. Till this period administrative infrastructure needed for the cell has been put into place, developed E-library and conducted different training and workshops for faculty and administrative staff.

The campus has allocated a separate well-furnished room for the RMC office in the new building of campus. The office is equipped with a computer, internet, telephone, photocopier, scanner and printer. The office is also attached with an e- library with 13 computers for research related activities.

RMC has conducted a study on “Virtual Learning; Satisfaction among nursing students” by Pokhara Nursing campus. After the completion of the study, a manuscript of the study was prepared and sent to the journal of Pokhara Nursing Campus (Journal of Nursing and Health Sciences).

With the support of University Grants Commission, Pokhara Nursing Campus organized a two day National nursing conference on Nurses Voice to Lead: Transforming towards Quality Nursing Care on 8th-9th Ashwin 2078. This conference brought together 74 participants and resource persons of national reputation as well as young researchers and delegates. The Conference also aimed to discuss current healthcare issues and challenges, propose strategies to correct health care in advancing quality of care for individuals, families and communities and enhance knowledge and skill related to a variety of clinical, psychological and

professional topics with networking different nursing professionals from around the nation. The theme of the conference was *“Nurses voice to lead: Transforming Towards Quality Health Care”*. The conference theme was highlighted by Prof. Dr. Tara Shah. A total of 12 research papers were selected by the conference Committee, 5 poster sessions and 4 plenary discussions.

A training workshop on Regression analysis using SPSS was organized by Pokhara Nursing Campus with the support of University Grants Commission. The training has been conducted for five days that is from 25th to 29th May, 2022. The training focused mostly on different aspects of analysis like Correlation Coefficient, Logistic Regression, Linear regression, multinomial regression, ANOVA and ANCOVA. The resource persons for the training were Associate Professor Mr. Prem Prasad Panta, Associate Professor Dr Niranjan Shrestha, Professor Dr. Vikash Kumar K.C., Assoc. Professor Mr. Rajendra Upadhaya and Mr. Madhav Baral. Total 28 participants benefited from that training. Participants from Manipal College of Medical Sciences, Gandaki medical college, Charak Academy and Pokhara Academy of Health Sciences.

A refresher training on Basic Life Support (BLS) was organized by Pokhara Nursing Campus with the support of University Grants Commission. This was hands on training which focused on developing skills of life saving measures like head tilt, chin lift and chest compressions both for adults and children. The resource persons for the training were Nursing Chief of Sahid Gangalal National Heart Centre, Ms Prati Badan Dangol; Dr. Pankaj Baral, Consultant Anesthesiologist; Associate Professor Dr. Kalpana Paudel. Altogether 25 participants benefited from the training. Participants from Manipal College of Medical Sciences, Gandaki medical college, Charak Academy and Pokhara Academy of Health Sciences. The training has been conducted for three days that is from 2079/03/02 to 2079/03/04.

14. Curricular and Extracurricular Activities

14.1 Activities organized by Student Welfare Committee

The Student Welfare committee and Extension committee was officially established by IQAC of Pokhara Nursing Campus on 20th Magh 2076. Among different programs organized by campus, following activities were co-ordinated by the Student Welfare and Extension committee in FY 2078/79.

Welcome and orientation Program of Bachelor level students

Pokhara Nursing Campus organized a “Welcome and Orientation program” for the new intake to Bachelor (BNS/B Sc Nursing) level in the conference hall on 20/8/2078. The authority organized this program to give the fresher's a glimpse of the campus, its rules, and other activities. The program included the speeches, welcome to the students, rules, and regulations, and introductions of students of BNS and B Sc. Nursing. The program was hosted by Lecturer, Gita Ghimire, and the program was chaired by Campus Chief, Prof. Neeta Tamrakar.

In the opening of the function, Mr. Dhan Bahadur Thapa gave a welcome speech to all the guests and freshers and asked them to be serious in their studies for better grades. Then, all the students gave their full introduction one by one followed by, they were welcomed with abir and flowers in the campus by Campus Chief Prof. Neeta Tamrakar and former campus chief Assoc. Prof. Nirupa Thapa. Then, the library head Ms. Gyan Kumari Parajuli spoke about the library rules and regulations, how to take and return the books from the library, and freshers were asked to take their help in case of any problems. Likewise, the next speech was given by hostel warden Lecturer, Usha Kiran Poudel and she actually focused on hostel rules, regulations, expected behaviors from the students in the campus as well as a hostel.

Lecturer, Saphalta Shrestha spoke about the growth and development of the campus, currently running program, available academic as well as extracurricular facilities on the campus for students. In addition, all the different organizations were introduced, such as Student Welfare Committee, Nature Club, Publication Club with their aims, background, and involvements. Furthermore, the next speech was given by Deputy Finance Controller, Pushpa Raj Paudyal and he stressed fee pay through digital payment and future planning of the campus. Then, representatives from BNS/B Sc nursing students as well as their guardians were requested to keep their views regarding the campus and their expectations from the campus during their stay on the campus. The expectation survey was also done in between the program among the new students of BNS/B Sc. Nursing which was facilitated by Faculty Anju Poudel, Ishwari Adhikari, and Shrijana Poudel. The second last speech was from former campus chief Nirupa Thapa and she mainly stresses the theory as well as practical classes, the importance of discipline, punctuality in duty and expected behavior from the students, etc. finally, the program was ended by Campus Chief Prof. Neeta Tamrakar with her valuable remarks and

thanking all the helping hands including all the new students and their guardians for making the program successful.

Inter House Quiz Competition

An Inter House Quiz Competition was organized by Pokhara Nursing Campus on 15th Falgun 2078 BS on the occasion of the 39th annual day of the campus. There were a total of 4 teams, one from each house. It was a 4 stage competition that covered the general round, audio-visual round, nursing/health science round, and rapid-fire round. The general round consisted of a total of 24 questions and each team got 6 questions from History, Geography, Current Affairs, Education, Religion/Ethnicity/Language/Literature, and Politics. The Nursing specific round consisted of a total of 40 questions and each team had to give answers of 10 questions from Medical/Surgical Nursing, Fundamental of Nursing, Community Health Nursing, Psychiatric Nursing, Midwifery, and Child Health Nursing. The third round was an audio-visual round in which questions were asked related to music and literature i.e. each team was asked 2 questions consisting of one audio and one visual question. The last round was a rapid-fire round which consisted of mixed types of questions from all around and each team was supposed to answer as many questions as they could within 1 minute. The program was hosted by the lecturer, Gita Ghimire, and the quiz was run by Lecturer, Usha Kiran Poudel, Kalpana Poudel, and scoring was done by Mr. Suraj KC, Head Office Assistant(Technical).

Every team had 4 members who were from B Sc Nursing and BNS. First of all, the rules for the quiz competition were debriefed. Then, a lottery was done to choose the questions set for each house. The Johnson house won the quiz competition by securing 174 points out of 200 points and Nightingale house won a second prize by securing 154 points. After finishing the competition, refreshments were distributed to all the participants. The prize with certificates was handed over to the students who became the first winner and the second winner and the other two students were given a certificate of participation only. Overall, the Inter-House Quiz Competition was a huge accomplishment.

39th Annual Day, Cultural Programme

Like all other years, the annual day of Pokhara Nursing campus has been celebrated joyfully in its own premises. It was celebrated on March 1st 2022. On this auspicious occasion a different subcommittee has been formed with specific tasks. Among the sub committees the cultural subcommittee took the responsibility of all cultural programmes conducted by students and faculties. The subcommittee has conducted the meeting and minutes all necessary terms and conditions necessary for the cultural programme. The performed dances, song, poem etc. were sanctioned by the subcommittee before final performance. Different dances which reflect our Nepalese culture have been performed with poems regarding women empowerment, love, fate etc.

Inter-Batch Poster Competition

On the occasion of 112th International Women's Day, the Student Welfare Committee, Pokhara Nursing Campus has organized a Poster Making Competition for on 27th of Falgun 2078 among the students. The theme for the Poster Making Competition was "Gender Equality Today: For A Sustainable Tomorrow". The competition was held in the library and there were 6 groups comprising 4 participants in each team from each batch of B Sc. first year, B Sc. second year, B. Sc. fourth year, BNS first year, BNS second year, and BNS third year in the competition.

On this occasion, Chief Guest Prof. Neeta Tamrakar graced the competition with her valued presence along with the other heads of the department, coordinators, Associate Finance Controller Mr. Pushpa Raj Paudyal, faculty members. Students competitors along with a few befitting slogans and drawings expressed their views on the slated theme. The judges for the event were Assoc. Prof. Kalpana Paudel, Lecturer Bandi Gurung, and Instructor Chanda Rai. The formal program was organized for the poster exhibition and presentation as well as prize distribution. The program was hosted by Lecturer Nisha Shrestha, the special guest was campus chief of Pokhara Nursing Campus and this program was chaired by the Coordinator of Student Welfare Committee. All the faculty members as well as staff of the campus also visited the competition and encouraged the participants. The Campus Chief, Prof. Neeta Tamrakar, and the chairperson of the program Lecturer Gita Ghimire encouraged the winners by the exciting prize with certificates distribution and appreciated the effort exhibited by the students and faculties.

The Winners were as follows:

BNS second-year group- first prize

B.Sc. second-year group- second prize

B.Sc. fourth-year group- third prize

Welcome and orientation Program of Master in Nursing students

Pokhara Nursing Campus organized a “Welcome and Orientation program” for the new intake to Master Nursing students in the conference hall on 16/02/2079. The authority organized this program to give the fresher's a glimpse of the campus, its rules, and other activities. The program included the speeches, welcome to the students, rules, and regulations, and introductions of students of Master in Nursing. The program was hosted by Lecturer, Bandi Gurung, and the program was chaired by Campus Chief, Prof. Neeta Tamrakar.

In the opening of the function, Mr. Dhan Bahadur Thapa gave a welcome speech to all the guests and fresher and asked them to be serious in their studies for better grades. Then, all the students gave their full introduction one by one followed by, and were welcomed with abir and flowers on the campus by Campus Chief Prof. Neeta Tamrakar and Associate Professor Dr. Kalpana Paudel. Then, the library head Ms. Gyan Kumari Parajuli spoke about the library rules and regulations, how to take and return the books from the library, and freshers were asked to take their help in case of any problems. Likewise, the next speech was given by Lecturer, Gita Ghimire and she actually focused on EMIS, ICT-related activities, available academic as well as extracurricular facilities on the campus for students, hostel rules, regulations, and expected behaviors from the students in the campus as well as a hostel. In addition, all the different organizations were introduced, such as Student Welfare Committee, Student Quality Circle, Nature Club, and Publication Club with their aims, background, and involvements. Furthermore, the next speech was given by Associate Finance Controller, Pushpa Raj Paudyal and he stressed fee pay through digital payment and future planning of the campus. Then, a representative from master in nursing students was requested to keep their views regarding the campus and their expectations from the campus during their stay on the campus. The second last speech was from Associate Professor Dr. Kalpana Paudel and she mainly stresses the theory as well as practical classes, the importance of discipline, punctuality in duty and expected behavior from the students, etc. finally, the program was ended by Campus Chief

Prof. Neeta Tamrakar with her valuable remarks and thanking all the helping hands including all the new students and staff for making the program successful.

14.2 Activities organized by Extension Program Committee

Celebration of World Breastfeeding Week, 2021

World breastfeeding week is celebrated every year from 1st to 7th August to encourage breastfeeding and improve the health of babies around the world. In 2021, it was celebrated based on the theme “Protect Breastfeeding: A share responsibility”. Based on the theme different activities were carried out. The faculty of Midwifery Nursing of Pokhara Nursing Campus celebrated the world breastfeeding week in coordination and collaboration with MIDSON, and Pokhara Academy of Health Sciences. The breastfeeding week was celebrated in the maternity ward of Pokhara Academy of Health Sciences by doing different activities. Different health education sessions were carried out by faculty of midwifery nursing and master’s first year students studying in women’s health and development. Health education on early initiation of breastfeeding was conducted among staff working on maternity ward. The techniques of breast feeding were taught to postnatal mothers. Counseling of parents and visitors on postnatal care including exclusive breast feeding were done.

Orientation Programme on Documents Prepared by Nepal Government, Ministry of Health and Population

The orientation programme was held in the premises of Pokhara Nursing Campus on date 2078/5/30-2078/5/31. It was conducted by Nepal Government, Ministry of Health and Population, Department of Health Services and Nursing and Social Security Division. In this programme a total of 40 participants from different nursing campuses of Pokhara were present. The programme was chaired by Professor Goma Niraula, Chief of Nursing Division and the Campus Chief of Pokhara Nursing Campus Professor Neeta Tamrakar was the chief guest. The two faculty members of Women Health and Development, HOD, Ms. Isabel Lawot and Ms. Bandi Gurung participated in the orientation programme. The orientation Programme on Documents Prepared by Nepal Government, Ministry of Health and Population was very fruitful for the further teaching and learning activities of the departments.

Blog on Nursing Now, Forum for Leadership and Development

In order to manage the cases in home isolation, Nepal government, Health Directorate of Gandaki Province had planned to implement Gandaki Tele-nursing Programme in the respective Province. The programme was conducted by the Health Directorate of Gandaki Province in coordination with Pokhara Nursing Campus. The main objectives of the telenursing program were providing counseling of the Covid positive cases, arranging coordination with the hello doctor programme and rescuing the serious cases. During the pandemic, the campus involved different levels of 100 students and all the faculties for providing continuous service of Tele-nursing. The total of 27468 home isolated cases benefited from the programme. Tele-nursing played an important role during the pandemic in order to minimize the complications of isolated cases and rescuing the serious cases. All the activities and efforts carried through the tele-nursing programme and its importance during pandemic has been uploaded in Nursing Now by making a blog.

Participation in Helping Mother Survive (HMS)-Bleeding after Birth (BAB) and Helping Baby Breathe

Postpartum hemorrhage complicates approximately 10% of all deliveries and contributes to at least a quarter of all maternal deaths worldwide. In order to prevent maternal mortality and morbidity due to hemorrhage during childbirth, the competency-based Helping Mothers Survive Bleeding after Birth (HMS BAB) training was developed to support evidence-based management of postpartum hemorrhage. This training includes low-cost Mama Natalie birthing simulators and addresses both prevention and first-line treatment of hemorrhage. Likewise, the three leading causes of neonatal mortality worldwide are prematurity, birth asphyxia and infections. The first minute after birth is critical to reduce neonatal mortality. In order to prevent death due to asphyxia, training on Helping baby breathes (HBB) was introduced. The four days training was conducted in the premises of Pokhara Nursing Campus. It was organized by the Government of Nepal, Ministry of Health and Population, Nepal Health Training Centre and Midwifery Society of Nepal (MIDSON) on date 2078/6/17-2078/7/20. The two faculties of Pokhara Nursing Campus Lecturer Bandi Gurung and Lecturer Rekha Thapaliya participated in the training including 18 participants from different institutes. This skill based training was very fruitful for clinical as well as teaching learning activities. This simulation based training programme was more effective for low resource setting countries like Nepal.

Celebration of World Diabetes Day, 2021

Globally, every 14th November the World Diabetes Day is celebrated with a different theme. The theme of 2021 was access to diabetes care- if not now when? On this auspicious occasion, the World Diabetes Day was organized by Pokhara Metropolitan City in coordination with Nepal Bikas Samaj (Nepal Development Society). The faculties of Pokhara Nursing Campus Ms. Bandi Gurung, Ms. Usha Kiran Poudel and Ms. Ranjita Karmacharya and 36 students of BNS second year participated in the program. The Acting Mayor of Pokhara Metropolitan City, Ms. Manju Devi Gurung, was the chief guest of the program. The programme was started from Pravat Feri from Manav Adhikar Chowk; Chipledhunga to the office of Pokhara Metropolitan City at 8 am. Then after, the screening test of Diabetes and Hypertension was done in the premises of the office of Pokhara Metropolitan City from 9 am to 3pm for all the clients attending the office. The community based screening campaigns for diabetic mellitus and hypertension is extremely efficient in identifying undiagnosed diabetic and hypertensive individuals.

Orientation Programme on Digital platform on Sexual Reproductive Health Right (SRHR) issues

Health care is increasingly being delivered through digital channels such as the internet, mobile phone messaging, social media, apps, voice, video messaging, and telemedicine. Digital communication channels offer wide coverage, allow messaging to be targeted to particular groups or individuals, and offer potential for enhancing the delivery of sexual and reproductive health and rights (SRHR) information and support. To give information on issues regarding digital platforms on Sexual Reproductive Health Right, one day interaction programme was organized by Community Support Group, Kaski on 2078/07/30. On these issues, Mr. Sushil Gurung facilitated the interaction from the Community Support Group. Eighteen students of BNS second year and the faculties Ms. Bandi Gurung and Ms. Nisha Shrestha participated in virtual interaction.

Health Desk at Chief District Office

With the aim of public awareness on non-communicable diseases like hypertension, diabetes, thyroid disorders, cancer screening etc. the CDO office organized a health desk programme on

2078/08/08. The programme was conducted in coordination with Mediplus Hospital and Trauma Centre including Pokhara Nursing Campus in the premises of CDO office. The camp targeted the people who came for the services in the CDO office. Chief District Officer, Mr. Jaya Narayan Acharya was the chief guest of the programme. The faculties Ms. Bandi Gurung and Ms. Sharmila Paudel including four students of BNS 2nd year, participated in the health desk programme. One hundred and seventy two people of different age groups benefited from the health desk. The necessary technical support was provided by the Mediplus Hospital and Trauma Centre for the programme.

Orientation programme on traffic rules and road safety measures

Every year the lives of approximately 1.3 million people are cut short as a result of a road traffic crash and 93% of them occur in low- and middle-income countries. An average of seven individuals dies in road accidents a day in Nepal and 40 are injured. Road traffic accidents usually occur among adolescents and young adults. That's why the District Traffic Office, Kaski has initiated the traffic rules and road safety measures campaign in schools and colleges in order to bring awareness among them. During the process of the campaign, they approached Pokhara Nursing campus and planned a one day orientation programme on 2078/08/12. Then after, it was conducted in the premises of Pokhara Nursing Campus. The seven faculties and 69 students from BNS 2nd year, BSc 2nd year and BSc 3rd year were involved in the programme. The programme was facilitated by Prahari Nirichhek Amrit Bahadur Basnet and Prahari Nayab Nirichhek Suman Niure. In the interaction of the orientation programme the traffic rules and road safety measures were discussed. Floor discussion had been made and Mr. Basnet had cleared all the doubts and queries of students regarding traffic rules and license system of vehicles in Nepal. The programme was very fruitful and effective for the students as well as faculties.

Health Desk at Brahma Kumaris Ishwariya Vishwa Vidyala

On the auspicious occasion of Shivaratri, 2078/11/6, the Brahma Kumaris Ishwariya Vishwa Vidyala arranged a health desk programme in coordination and collaboration with the Nursing Association of Kaski and Pokhara Nursing Campus. It is the greatest festival of Hinduism. Different honorable people, representatives from Province, Metropolitan and different wards

including social workers, religious leaders, mother's group, social media, holy people etc. participated in the programme. The faculties and the students of BSN 4th year and BNS 2nd year had participated in the health desk programme from Pokhara Nursing Campus. The basic level of health care was provided to the 138 holy people attending the Maha Shivaratri Programme organized by Brahma Kumaris Ishwariya Vishwa Vidyala, Kaski. The faculties and students were very satisfied by providing care to the spiritual people.

Celebration of Autism Awareness day

On the auspicious day of World Autism Awareness, the autism care society had celebrated the autism awareness day in coordination with the extension programme committee of Pokhara Nursing Campus. The programme was conducted on 2078/12/19 based on the theme of inclusive education. The faculty and the 18th students of BNS 2nd year had participated in the programme. Different programmes focused on autism had been conducted including lamp lighting in lakeside.

Orientation programme on digital literacy

The digital literacy programme was conducted in the premises of Pokhara Nursing Campus on 2078/12/20 in coordination and collaboration with City Office, Nepal Bank Limited. The programme was chaired by Ms. Usha Adhikari Paudel, Branch Manager, City office, Nepal Bank Limited. The Campus Chief, Professor Neeta Tamrakar was the chief guest of the programme. In the literacy programme, the faculties, administrative staff and the students of BSc 1st year, BSc 2nd year and BNS 1st year participated. The bank staff Ms. Usha Ghimire, Ms. Sita Rana Shah, Mr. Amrit Subedi, Ms. Prem Maya Gurung and Mr. Kamal Paudel had cleared about digital to the participants. The programme was very fruitful and effective for the faculties and students.

Celebration of World Health Day, 2022

World Health Day is a global health awareness day celebrated every year on 7 April. In the midst of a pandemic, a polluted planet increases diseases like cancer, asthma, heart disease. In the year 2022, World Health Organization will focus global attention on urgent actions needed to keep humans and the planet healthy and foster a movement to create societies focused on

well-being. On this auspicious occasion, Extension Programme Committee has conducted morning rally and poster competitions of students in coordination and collaboration with Teachers' Association and Alumni of Pokhara Nursing Campus. Interested students, administrative staff and faculties participated in the programme. Morning rally and posters were based on the theme " our planet our health". The chief guest of the programme was Honorable Health Minister Gandaki Province Ms. Madhu Gurung Adhikari and the guests were Health Directorate Mr. Khim Bahadur Khadka and Chief of Health Office, Kaski Mr. Badri Acharya. The students of BSc second year became the winner of poster competition

14.3 Activities organized by different departments

14.3.1 Activities of Pediatric Department

Toy presentation by BSc. Nursing

For the fulfillment of curricular objectives of Pokhara Nursing Campus the BSc. 3rd year students were posted in Pokhara Academy of Health Science (PAHS), pediatric ward on 2078 /07/28 to 2078/09/02 for five weeks for each student. On the last day of their posting, the students organized a toy presentation program in TU IOM Pokhara Nursing Campus because of COVID-19 epidemic. The students were divided into five groups and they organized the toys according to the children's developmental milestone. The toys were made by themselves using local resources. The Senior Nursing Administrators Ms. Sarita Karki, campus chief of Pokhara Nursing Campus including all teachers were presented in that program. The program was opened by Campus Chief Pokhara nursing campus Prof. Neeta Tamrakar. Each student explained the importance of toys for a child's normal growth and development. More than 100 students, teachers and administrative staff visited this toy presentation and clarified their doubts then gave some recommendations.

School Health Program

The students of Master in Child Health Nursing, third batch of Pokhara Nursing Campus organized a school health program in Amarsingh Namuna Higher Secondary School located at Amarsingh Chowk from 2078/8/13 to 2078/09/14. The program was conducted as per the curricular activity to improve the health of school children as well as to build student's

knowledge, skills, and positive attitudes towards health. Students provided health teaching to school students on personal hygiene, COVID-19 (omicron) prevention, nutrition, Adolescent sexual and reproductive Health (ASRH), menstruation, family planning, behavioral communication and school's sanitation. Similarly, as a part of health appraisal, they conducted eye camp for the students of class 7 with the technical support of Himalayan eye hospital Gharipatan, Pokhara. Along with that, health exhibition was also organized focusing on adolescent health. Various posters were displayed on adolescent diet, menstrual hygiene, personal hygiene, dental health, mental health, injury prevention and use of social media.

World Breastfeeding Week 2021 Celebration

World Breastfeeding Week is an annual celebration which is being held every year in first week of August, to promote breastfeeding of the newborns and infants. The Department of Child Health Nursing Development of Pokhara Nursing Campus celebrated 'World Breastfeeding Week' from 1st to 7th August 2021 in the maternity ward and MCH clinic of Pokhara Academy of Health Sciences, Western Regional Hospital. To encourage breastfeeding and improve the health of babies, the students, faculties of Pokhara Nursing Campus, staffs of Pokhara Academy of Health Sciences, MCH clinic and Pediatric Nurses Association of Nepal (PNAN) jointly organized different health related activities for seven days on the theme "Protect breastfeeding a shared responsibility 2021" They offered group counseling to Parents and Guardians of new-born who came to clinic for immunization and organized awareness program for antenatal and postnatal mother. The activities carried out for one week were as follows:

1. August 1: Formal opening program, Poster exhibition at MCH clinic
2. August 2: Health education to family and mother on promotion of breastfeeding.
3. August 3: Health teaching on disadvantage of bottle feeding with poster exhibition
4. August 4 to August 7 Antenatal and postnatal mothers counseling and continuing poster exhibition.

World Pneumonia day 2021 Celebration

World pneumonia day is an annual celebration which is being held every year on November 12. It provides an annual forum for the world in the fight against pneumonia. The theme of world pneumonia day 2021 was "**Stop Pneumonia- Every Breath Counts**". The Department

of Child Health Nursing development of Pokhara Nursing Campus posted MN first year students in Kanti Children Hospital Kathmandu on 2078/07/22 to 2078/08/24 (for 5 weeks) in different wards. On the occasion of world pneumonia day 2021, MN first year students participated in the world pneumonia day celebration and presented 'Prevention of Respiratory Syncytial Virus infection which was organized by Pediatric society of Nepal and PNAN.

Clinical Orientation

Child health nursing department provided clinical orientation to MN first year MN second year, BNS first year, BNS third year and BSc third year before clinical posting. Hospital orientation was given after meeting Senior Hospital Nursing Administrator Sarita Karki. She explained in detail about the rules and regulation of different hospitals and evaluation criteria etc.

14.3.2 Activities of Adult Health Nursing Department

Paper Presentation

Presented papers by Ms. Bishnu Gurung and Ms. Nisha Shrestha in the national nursing conference "Nurses Voice to lead: Transforming towards Quality Nursing Care" organized by Pokhara Nursing Campus with the support of University Grants Commission.

Autism Day Celebration

Participated in world Autism Day celebration with BNS second year students organized by Autism Care Society, Kaski on 19 th Chaitra, 2078.

Geriatric Home visit

Students of B.Sc Nursing second year students were taken to observe the Geriatric Home visit of Lameahal under the guidance of Instructor Neelam Maharjan on 19th Jestha, 2079.

Observation visit

Under psychiatry nursing, students of BNS second year were taken to different organizations for observation visit by Lecturer Nisha Shrestha. Students were taken to Autism Care Society, Kopila Nepal (2078/08/01, 2078/12/15), Ghumti Nepal (2078/07/29), and Sishu Shyar Kendra (2078/08/02, 2078/12/16).

Orientation program on One Site Crisis Management Centre

Faculties of adult health nursing department Lecturer Ranjita Karmacharya, Instructor Mira Adhikari, Teaching Assistant Shrijana Poudel participated in a 1 day orientation program at One Site Crisis Management Centre Health Directorate, Gandaki Province on 24 th Chaitra, 2078.

Community Mental Health Program

Lecturer Nisha Shrestha participated in a 3 days workshop in a community mental health program organized by the Health Directorate, Gandaki Province from 8 th -10 th Ashar, 2079.

Revision of research guideline

Associate Professor Dr. Kalpana Paudel participated in a 3 days workshop in revision of research guidelines organized by TU, IOM Maharajgunj Nursing Campus on 8 th -10 th of Ashar 2079.

Involve in Research Integrity and Plagiarism

Faculty of adult health nursing Lecturer Ranjita Karmacharya, Lecturer Bishnu Gurung, Lecturer Gita Ghimire participated in a seminar on Research Integrity and Plagiarism organized by Nepal Intellectual Forum on 31 st Ashar, 2079.

14.3.3 Activities of Community Health Nursing Department

Participation in Interaction Program on School Health Nursing Program

Lecturer Rita Pathak from the Community Health Nursing Department participated in an interaction program on School Health Nursing Program organized by Health Directorate, Gandaki Province on 2079/03/03. Public Health Nurses, representatives from different Health Offices of Gandaki Province, representatives from different universities and school health nurses were present in the program. The topic of discussion were activities done by school health nurses and issues faced by nurses concerning the operation of the program.

Participation in Typhoid Vaccination Campaign

Students of BSN 3rd year, 3rd batch participated in the Typhoid vaccination campaign at Panchamuni Dev Secondary School, Tanahun in collaboration with Khairanitar Health Post Team on 2078/12/23. Students provided education on typhoid fever, typhoid vaccine and handwashing to the students of the school.

On 2078/12/24, they conducted health education on the topics such as menstruation, iron deficiency anemia, dysmenorrhea, discriminatory practices during menstrual period, etc. And also conducted health exhibitions on the topics like personal hygiene, nutrition, adolescent reproductive health, family planning, etc.

Participation in Inauguration Programme of Typhoid Vaccine, Gandaki Province

On the occasion of World Health Day 2022, on 2078/12/24, Gandaki Province Ministry of Health had organized the inauguration programme of typhoid vaccine at Amar Singh Higher Secondary School, Amarsingh chowk. Chief Minister of Gandaki Province, Mr. Krishna Chandra Nepali Pokharel had chaired the programme. Instructor Chandra Rai and Teaching Assistant Nisha Dwa from the Community Health Nursing Department had attended the

program. In the program, information about the typhoid vaccine was disseminated and the vaccination started there at Amarsingh Higher Secondary School.

Activities done by students during the Community Field Visit

On 2078/05/28, BNS 3rd year, 14th batch students conducted formal health teaching on the topics of self breast examination, hypertension, and diabetes mellitus to community people involving the Female Community Health Volunteers, members of mother group and others.

On 2078/05/31, they conducted a health exhibition on the topics like sarbottam pitho, immunization, family planning, community involvement in care of maternal and child health. They demonstrated steps of handwashing, method of wearing a face mask and proper disposal of the used one.

They conducted school health teaching at Janapriya Secondary School, Pokhara-08 through online media on the topic COVID-19 on 2078/06/08.

BNS 2nd year, 15th batch students conducted health action in Pokhara-09, Nayabazar on 2078/06/17 on the basis of findings of a survey they had conducted during their community visit. They performed role play focusing on drug abuse and health exhibition focusing on the topics nutrition, safe motherhood, family planning, diabetes mellitus, hypertension, COVID, immunization, demonstration on hand washing, mask wearing and disposing technique and use of sanitizer.

BSN 1st year, 5th batch students conducted health action in Pokhara-10, on 2079/03/04 on the basis of the findings of a survey they had conducted during their community visit. They performed role play focusing on current social problems like gender discrimination, domestic violence, substance abuse, etc. They also screened community people for hypertension and measured their blood pressure.

14.3.4 Activities of Midwifery Department

Celebration of World Breastfeeding Week, 2021

World breastfeeding week is celebrated every year from 1st to 7th August to encourage breastfeeding and improve the health of babies around the world. In 2021, it was celebrated

based on the theme “Protect Breastfeeding: A share responsibility”. Based on the theme different activities were carried out. The faculty of Midwifery Nursing of Pokhara Nursing Campus celebrated the world breastfeeding week in coordination and collaboration with MIDSON, and Pokhara Academy of Health Sciences. The breastfeeding week was celebrated in the maternity ward of Pokhara Academy of Health Sciences by doing different activities. Different health education sessions were carried out by faculty of midwifery nursing and master’s first year students studying in Women Health and Development. Health education was given on colostrum’s feeding, exclusive breast feeding, techniques of breastfeeding, importance of breast feeding and nutrition throughout the week and poster presentation was also done.

Health education on early initiation of breastfeeding was conducted among staff working on maternity ward. The techniques of breast feeding were taught to postnatal mothers. Counseling of parents and visitors on postnatal care including exclusive breast feeding were done.

Participation in Simulation Based Education Training

The simulation based education training was conducted by Maharajgunj Nursing Campus on 2078/5/29-2078/5/31. The Midwifery faculty member Lecturer Usha Kiran Paudel participated in the three days training programme at Maharajgunj Nursing campus. The simulation based training was very fruitful for the purpose of teaching learning to the students in the present context.

Participation in Orientation Programme on Documents Prepared by Nepal Government, Ministry of Health and Population

The orientation programme was held in the premises of Pokhara Nursing Campus on date 2078/5/30 -2078/5/31. It was conducted by Nepal Government, Ministry of Health and Population, Department of Health Services and Nursing and Social Security Division. In this programme a total of 40 participants from different nursing campuses of Pokhara were present. The programme was chaired by Professor Goma Niraula, Chief of Nursing Division and the Campus Chief of Pokhara Nursing Campus Professor Neeta Tamrakar was the chief guest. The two faculty members of Women Health Development, HOD, Lecturer Isabel Lawot and

Lecturer Bandi Gurung participated in the orientation program. The orientation Program on Documents Prepared by Nepal Government, Ministry of Health and Population was very fruitful. The orientation program was very fruitful for the further teaching and learning activities of the faculties.

Participation in Helping Mother Survive (HMS)-Bleeding after Birth (BAB) and Helping Baby Breathe

The Helping Mother Survive (HMS)-Bleeding after Birth (BAB) and Helping Baby Breathe (HBB) training was conducted by Midwifery Society of Nepal (MIDSON) in coordination with Nepal Government, Ministry of Health and Population, National Health Training Center, Teku and supported by UNFPA on date 2078/06/17-2078/06/20. The training was conducted on the premises of Pokhara Nursing Campus. The two faculty members Lecturer Bandi Gurung and Lecturer Rekha Thapaliya participated in the training. The training was very systematic and updated regarding child birth and their complicated management including newborn care. The four days training was very effective and fruitful for the faculty as well as students.

Celebration Of MIDSON Day

On the occasion of MIDSON Day, at 2078/11/5 Midson day was celebrated via zoom with different committees formed in different regions of Nepal. In the program different personalities' shared their ideas and views. All midwifery faculties and members of MIDSON from Pokhara nursing Campus also participated in the program. The program was very fruitful. The trends and issues about midwifery were discussed in the Program.

Seminar on Universal Health Coverage and Adolescence Sexual and Reproductive Health

A seminar was conducted by MN 1st year students on 2078/11/26 under the chairship Head of the Department, Lecturer Bandi Gurung. The chief guest of the seminar was Campus Chief Professor Neeta Tamrakar and facilitators were Lecturer Rekha Thapaliya, Usha Kiran Paudel and Pushpa Sharma. All the students were panel members. The students of Women Health and Development presented about Universal Health Coverage and ASRH focused on emerging

concepts regarding the topics. At the end of the discussion session, the students and faculties had interaction regarding topics and gave appropriate feedback to the students.

Participation on Summary Programme on Hospital based MPDSR and SNCU Programme

The 2 days summary programme on hospital based MPDSR and SNCU was conducted by Health Directorate, Gandaki Province on dated 2079/3/16 to 2079/3/17. The participants were Medical Superintendent from different district Hospitals, Obstetrician, Pediatrician, Nursing Officers, Paramedics, Staff Nurse, Medical recorders and faculties from Pokhara University, Manipal Teaching Hospital and Pokhara Nursing Campus. The two faculty members Lecturer Rekha Thapaliya from Midwifery faculty and Instructor Dr. Ratna Shila Banstola from Child Health faculty participated from Pokhara Nursing Campus. The progress report regarding the subject was presented from each district and made necessary discussions and provided valuable feedback. In the programme, panel discussion on Hospital based MPDSR and SNCU programmes was conducted with experts. The programme was more effective and fruitful for the teaching learning activities for the faculty.

Workshop on Learning Theories

The workshop on common learning theories based on education science was conducted by MN 1st year students of 11th batch on dated 2079/3/23. The programme was chaired by Associate Prof. Dr. Kalpana Paudel and the chief guest of the programme was Professor Dr. Mandira Shahi. The six students from Women's Health and Development participated in the programme as a panelist and gave input on the programme.

15. Alumni Activities

Pokhara Nursing Campus Alumni Forum (PNCAF) was founded in 2077 BS. The alumni is a non-political, non-profit social organization on campus. Its purpose is to foster, maintain and establish cooperation, friendship and a mutually beneficial relationship between Pokhara Nursing Campus and its alumni.

Pokhara Nursing Campus Alumni Forum celebrated “World Health Day, 2022” on the theme “Our Planet, Our Health” with an awareness rally on 7th April 2022. The rally started at 7:30 am from the campus and ended with a formal program with the gracious presence of Honorable Health Minister, Madhu Adhikari Gurung of Gandaki Province at the ground of Amarshing Higher Secondary School. All the students, faculties, and staff of the campus participated in the program. The program was organized in collaboration with the Health Office Kaski and Tribhuvan University Teachers’ Association Unit, Pokhara Nursing Campus. The program also included play card competition among different levels of students and the students of B.Sc Nursing second year were awarded first.

On 23rd Ashar 2079, Pokhara Nursing Campus Alumni Forum organized the “Tree Plantation Program ” in the campus premises on the auspicious occasion of 63rd Tribhuvan University Day to maintain a greenery environment in the campus. The program was chaired by Instructor Neelam Maharjan and all the faculties, staff, students and members of the alumni forum were present in the program. The plants were brought from the Institute of Forestry, Pokhara Campus. More than 100 plants of different species such as Guava, Lemon, Amala, Kapur, Gulmohar were planted in the campus premises.

16. ICT Unit Activities

The Information and Communication Technology Unit was established formally on 31st Bhadra, 2077 with four members and one Co-ordinator in the Pokhara Nursing Campus. It is committed to develop, implement and support sustainable and high quality ICT infrastructure and services that meet the changing ICT needs of the campus. The office of ICT unit is on the first floor of the Library and Classroom building which is fully equipped with IT materials such as desktop computer, digital whiteboard, printer, scanner as well as photocopy machine, webcam, wireless microphone, speaker and adequate furniture.

Orientation program on EMIS software was organized on 2078/8/5 (2021-11-21) in the conference hall of the library and classroom building in the Pokhara Nursing Campus. Program was started at 11 am. All the HODs, faculty and administrative staff participated in the orientation program. The objective of the program and contents to be dealt with were explained by Gita Ghimire, Coordinator of ICT Unit and the technical session was conducted by Mr Suraj KC, member secretary of ICT Unit. The individual user id and passwords were created and

distributed to all participants before the session for EMIS login. The session was about one-hour long in which theory as well as practical sessions were conducted on EMIS software, login to EMIS software, upload the educational qualification, current job information, job history, awards, fellowship and scholarship history, research project, journal article, published book and event participation etc. Moreover, Faculty and administration staff were oriented regarding how to view their salary details, see and send messages within the organization, see personal library information like issued books, returned books as well as available books in the library when logged in the system. All the queries of participants were also addressed at the end. The program was wrapped up with a vote of thanks to the participants and other concerned personnel.

Free Wi-Fi Internet was extended in the hostel blocks with 4 cisco switch and 24 AP Router. User login system was created in the EMIS system for all academic and administrative staff and user credentials are distributed among them. EMIS software training regarding Employees Enrollment, Employees Information Management, Students Admission, Students Record Keeping and Students Billing was provided to the Administrative Section and Academic and Exam Section. ICT has arranged and monitored the online classes during COVID-19 and managed the e-attendance of all virtual classes. User ID and Password for all the newly admitted students of different programs were created and classrooms were created in Microsoft teams for new students of B Sc Nursing, BNS and MN for virtual classes.

17. Financial statement

S.N	Expenditure	Amount Rs	S.N	Grants & Income	Amount Rs
1	Operating Expenses	53827638.78	1	Grants from Government Agencies with TU	137784340.79
2	Capital Expenses	7779158.50	2	Internal sources	2595644.65
			3	Income from Defective liabilities	9429749.81
	Surplus c/d	89177552.17	4	Fee from students	974614.20
	Total	150784349.45		Total	150784349.45

18. Strengths of the Campus

- Campus has sufficient area for carrying out its curricular and extracurricular activities.
- Campus has adequate infrastructures for running different academic programs.
- Campus has an adequate number of well-furnished classrooms with multimedia.
- Campus has the facility of safe drinking water for the staff, teachers and students.
- Campus has the facility of high-speed internet service.
- Campus has an adequate number of hostels for the students with the facility of mess and internet service.
- Campus has a cafeteria, which provides safe and healthy food.
- All the faculties of the campus are well educated and experienced.
- Campus has a library with an adequate number of textbooks, journals and reference books and keeps on adding books of new editions yearly.
- Campus also has an E-library with the objective of promoting utilization of electronic sources for study purposes.
- Campus has well organized and furnished rooms for each faculty along with a departmental library.

- There are different labs (skill labs/demonstration room, basic science, community and nutrition) for the students to practice before their posting in the clinical/field area.
- Campus has MOU with Pokhara Academy of Health Sciences which is a 500 bedded hospital for the clinical exposure of students.
- Campus has transportation facilities for students during their field visits.
- Counseling services are provided for students according to need.
- Campus provides certain funds/grants for research activities to both the students and faculties.
- Monthly general meetings are conducted and, also emergency meetings are held according to the needs of the campus/faculty.
- Organize different types of conferences, seminars and training.
- Facility of guest room for the personnel who visit the campus for different academic and administrative purposes.

19. Points to improve

- It would be better if teacher's training would be provided to newly appointed teachers.
- As there are 15% reservation seats for male students in the Bachelor program, it would be better if the campus could arrange a hostel for them.
- It would be better if the campus could construct play-ground for different sports activities as soon as possible.
- It would be better if the campus could establish its own hospital for the clinical exposure of students.